



over

PLN 1.2 billion

is the value of aid provided by
Caritas in Poland

over

PLN 52 million

is the value of Caritas Poland
programs abroad

over

1.1 million people

at home and abroad
received aid from Caritas

2025 Report



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35 Years of Experience doesn't Mean Caritas Stops Looking for New Solutions

Dear Readers,

behind us is a truly special year – the anniversary year of the reactivation of Caritas Poland. Thirty-five years of activity have allowed us to gain extensive experience, but they have also reinforced our strong belief that if we want to help effectively in a rapidly changing world, we cannot stand still. We must continuously transform and improve the way we provide assistance. True support is far more than a one-time gesture that meets basic needs. Above all, it is the willingness to walk alongside those who suffer and to accompany them with love at every stage of life, however difficult.

A beautiful and moving encounter with another person is a true miracle that happens every day, right beside us. Over the past year, we provided care to more than 760,000 people across the country. The scale of these efforts is immense, and carrying them out would not have been possible without the remarkable strength of our network – Caritas Poland and 45 diocesan Caritas branches. Our shared mission of mercy was carried forward by nearly 12,000 dedicated staff members and as many as 70,000 volunteers. Each day, we opened the doors of almost 1,300 facilities and provided meals and food at more than 1,200 distribution points. We were there for everyone facing marginalization due to poverty, homelessness, age, illness, or disability.

This same sensitivity, deeply rooted in Catholic social teaching, also compels us to look far beyond our national borders. Today's world is facing the painful phenomenon of a polycrisis. Experts warn that there are currently more than 50 armed conflicts worldwide – the highest and most dramatic number since the end of the Second World War. The military conflicts in Ukraine, Sudan, and Myanmar, the crisis in the Middle East, and instability in the Sahel region are not the only challenges in these parts of the world. They are compounded by climate-related disasters and profound economic collapses, which together intensify human suffering.

Enough of the display of power! Enough of war! True strength is shown in serving life – these poignant words of Pope Leo XIV, spoken during a prayer vigil in April 2026, most beautifully define the meaning of our work. In this demanding reality, working directly in areas affected by crises together with national Caritas organizations, we combined immediate humanitarian response with thoughtful, long-term development support. Despite global tensions, in 2025 we increased our international aid, reaching out to nearly 370,000 people. In Yemen, Syria, Lebanon, and the West Bank, we not only offered healthcare and food security, but also helped people rebuild their economic independence. Meanwhile, in Africa and Ukraine, we focused on specialized support for those who experienced deep war-related trauma.

Has this strategy of preparedness, flexibility, and openness to new solutions proven effective over the past year? I invite you to read this report. In the following pages, we share fact-based insights into all areas of our involvement – both in Poland and around the world. I would like to emphasize, however, that our commitment would not have been possible without you. From the bottom of my heart, I thank you for every form of support, for your sensitivity, and for the trust you continue to place in us. Together, we can effectively help heal the wounds of the modern world.

With sincere gratitude

ks. Janna Mejda

Caritas Poland CEO

Caritas Poland.
A Calendar of Events
2025

01/07
Finale of the 7th edition of the "For Everyday Shopping" program. As part of the initiative, 11,000 seniors from 43 diocesan Caritas branches received support in the form of prepaid cards for the Biedronka retail chain. The program's activities engaged 4,000 volunteers.



03/01
Caritas Poland announces an Emergency Appeal to support its healthcare program in Yemen. The aim of the program is to provide comprehensive support to medical facilities and healthcare personnel.



04/01
Launch of the 8th edition of the "For Everyday Shopping" program, with 11,000 seniors participating across 43 diocesan Caritas branches. Participants received prepaid cards for the Biedronka retail chain, topped up monthly with amounts ranging from PLN 200 to PLN 230. The program engaged 4,000 volunteers. The total value of this edition of the program exceeded PLN 25 million.



05/01
Caritas Poland launched the next phase of its program in Ethiopia focusing on mental health and support for people who have experienced trauma. Training support was provided to principals and teachers from 34 schools in the Tigray region, where a brutal war had raged between 2020 and 2022.



06/10
The "Box of Happiness" campaign organized to mark Children's Day: as part of the initiative, 25,000 children received gift boxes containing healthy snacks, books, and toys.

06/09-15
Visit of a Caritas Poland delegation to Syria. The delegation monitored the implementation of the "Family to Family" and "School to School" programs and assessed the needs of residents rebuilding their lives after the civil war.



07/14-16
Workshop on the Superhero's Path educational method for psychologists and educators from the Migrant and Refugee Assistance Center. The workshop took place in Warsaw, in partnership with Caritas Ukraine.



08/14
Launch of the 17th edition of the "Schoolbag Full of Smiles" campaign, under which 8,000 children received school starter kits.



08/15
Announcement of the "Towards a Better Future 2025" competition, addressed to diocesan Caritas facilities providing support for people experiencing homelessness. A total of 40 applications were submitted by 24 diocesan Caritas branches, all of which received funding.



09/01
Launch of the "Wings" and "Two Talents" scholarship programs; 630 children received support.

09/01
Launch of the "Security and Integration of Foreign Nationals as a Path to Self-Reliance" project, aimed at providing support for third-country nationals who have been forced to leave their countries due to conflicts, persecution, and crises.

09/15
Launch of the "Medical Care and Humanitarian Assistance for the Residents of Gaza" project co-financed under the Polish Aid program of the Ministry of Foreign Affairs of the Republic of Poland.

10/01
Launch of the "Support for the Civilian Population in Food Security and Hygiene in Damascus and Hama" project co-financed under the Polish Aid program of the Ministry of Foreign Affairs of the Republic of Poland.

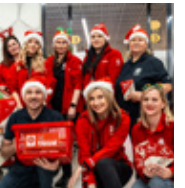
10/11
Ubi Caritas Gala held at the Evangelical-Augsburg Holy Trinity Church in Warsaw. Caritas Poland, together with the Diakonia of the Evangelical-Augsburg Church and the Orthodox Metropolitan Center of Mercy ELEOS, once again joined forces to thank those who selflessly serve people in need.

11/15
20th Pilgrimage of the Homeless to Jasna Góra Sanctuary. This event, held as part of the World Day of the Poor, was a time of prayer and joy for the participants.

11/16
World Day of the Poor. Caritas volunteers and staff served meals to people in need; the Caritas Foundation prepared pea soup for over one thousand people.

11/21
Launch of the "Bridges" program for young people transitioning to independent living after leaving Caritas-run foster care facilities.

12/05-06
27th nationwide "Yes. I'm Helping!" food collection campaign through which 370 tonnes of food were secured and distributed to 50,000 people in need; 24,500 volunteers and 2,000 stores took part in the initiative.



January February March April May June July August September October November December

01/20
A contract signed between Caritas Poland and the National Support Center for Agriculture (KOWR) for the distribution of food and accompanying measures for 279,000 people in need in Poland under the European Funds for Food Aid (Fundusze Europejskie na Pomoc Żywnościową – FEPŻ) program.



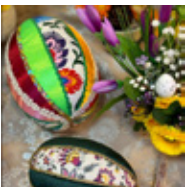
02/24
Third anniversary of support for Ukraine. Caritas provided assistance to more than 22.5 thousand people in Ukraine – including children, families, the elderly, and the sick – across the areas of mental health, food security, and basic needs.



03/20-21
Training for teachers, school counsellors, and educators from the Visegrad Group countries as part of the "Age of Solidarity" educational project.

03/28-29
26th nationwide "Yes. I'm Helping!" food collection campaign through which 260 tonnes of food were secured. A total of 1,800 stores and 24,000 volunteers took part in the campaign. The food was distributed to 40,000 people in need.

04/8-10
Easter craft fair featuring works created by participants of occupational therapy workshops run by Caritas. The event took place at the Warsaw headquarters of the Polish Security Printing Works and the Polish Post.



05/27-28
Study visit at the Caritas branch of the Diocese of Kielce, during which a meeting was held for staff working with socially excluded people. The aim was to exchange experiences and foster networking.



06/20
Launch of the Caritas Holiday Action. Thanks to this initiative, 19,000 children and youth – including 2,000 children from Ukraine – went on summer holidays.



07/28
The Warsaw senior group "Senior Caritas Est" celebrated its 900th anniversary – that is, the 90th birthdays of ten of its members.



08/15-30
Summer camps by Lake Issyk-Kul for students from 12 schools in southern Kyrgyzstan. Students and teachers visited the Educational Astronomical Observatory, supported by Caritas Poland as part of its missionary projects.



09/20
National Pilgrimage of the Caritas Community, attended by more than 2,500 Caritas volunteers, staff members, and supporters from 30 dioceses.

09/26
Final of the competition under the "School to School" program, held at the winning Primary School No. 2 in Witnica, with the participation of ambassador Ida Nowakowska.

09/29
Finale of the most recent edition of the "Caritas Food Pantry" program, under which nearly 5,000 tonnes of food were distributed to 60,000 people in need.

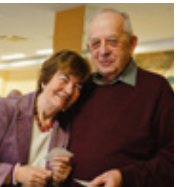
10/23
Celebrations marking the 35th anniversary of the reactivation of Caritas, along with the Charity Forum attended by distinguished guests from Poland and abroad, including Bishop Tesfasellassie Medhin of Tigray, Ethiopia and Anton Asfar, Secretary General of Caritas Jerusalem.

10/27-28
Visit of a delegation from the United Nations High Commissioner for Refugees (UNHCR) to the Migrant and Refugee Assistance Center in Warsaw.

11/25
Launch of the 11th edition of the "A Bit of Warmth for a Homeless Person" campaign which supports people living in places unfit for habitation during the fall and winter season. As part of the campaign, 4,900 liters of soup, 5,000 cans of food, 120 sleeping bags, and 600 pairs of socks were distributed.

11/28
31st edition of the "Christmas Aid Program for Children" campaign, symbolized by the Caritas candle. The campaign was launched with an event at PGE Narodowy Stadium, whose façade was illuminated that evening with the message "Light a Candle".

12/18
Christmas Eve gathering for seniors associated with the "Senior Caritas Est" group. It was preceded by Mass celebrated by Fr. Janusz Majda, Caritas Poland CEO, who offered special prayers for the deceased members of the group.





35 Years in the Service of Love

Caritas' identity and mission in the face of contemporary challenges

The year 2025 went down in the history of Caritas Poland as a special jubilee marking the 35th anniversary of its reactivation – a moment for reflecting on more than three decades of solidarity and for setting directions for the future. During the Charity Forum, which was the central event of the celebrations, a message resonated about the need for constant readiness to provide help in a dynamically changing world.

To ensure that this mission is carried out in a coherent and professional manner, in 2025 Caritas Poland focused on solidifying its identity by organizing a series of workshops for volunteers and staff from both national and diocesan structures. The foundation of these efforts was Catholic social teaching, viewed as an effective response to contemporary crises and a key to building a cohesive team. Through the "See – Judge – Act" method, participants learned to analyse reality in both substantive and ethical terms in order to respond appropriately to social phenomena such as population ageing, migration processes, changes in the labor market, as well as alcoholism, consumerism, smartphone overuse, transformations of the family institution, and the growing problems of loneliness and individualism.

The implementation of the principles of Catholic Social Teaching in 2025

was reflected across many areas of the organization's work, beginning with respect for the dignity of the person, who in Caritas is not treated as a service recipient, but as a party to a profound relationship. This is evident in the care provided in social welfare homes and hospices, where, alongside professional medical services, essential spiritual support and companionship are offered to those at the end of life in accordance with the spirit of "Samaritanus bonus." It also forms the basis of humanitarian aid delivered in countries affected by war and crises, such as Yemen and Ethiopia, where people need not only basic medical care but also psychological support that helps them overcome the trauma of war. In the past year, the pursuit of the common good focused on large-scale food programs promoting active education in preventing food waste, which contributes to building sustainable local communities. The principle of subsidiarity was implemented

through vocational activation programs for people with refugee experience, helping them regain independence, as well as through the development of neighborhood-based services in municipalities, enabling support to be provided to those in need within their natural environment. Complementing these efforts is solidarity, expressed through an unconditional presence wherever other forms of support are lacking, making Caritas a unique voice of transcendence within the aid sector.

Thanks to formation based on the foundations of Catholic Social Teaching, the 35th anniversary jubilee became an opportunity for Caritas Poland to reaffirm that care for others requires not only material resources, but above all a strong sense of identity, ethical commitment, and a readiness to build a world grounded in responsibility.

Aid in Poland

more than
760 thousand people
in Poland received aid
from Caritas in 2025

over
PLN 1.2 billion
is the value of aid provided by
the Caritas network at home in 2025



nearly
3 million meals
were distributed at 73 soup kitchens run
by the Caritas network in the country



more than
400 thousand people
benefited from various forms of food aid
provided by the Caritas network
in the country



nearly
24 thousand people
benefited from long-term and palliative care
facilities run by the Caritas network
in Poland



70 thousand volunteers
supported Caritas programs
throughout Poland

Aid Abroad

nearly
370 thousand people
abroad received aid
from Caritas Poland in 2025

over
PLN 52 million
is the value of Caritas Poland programs
abroad in 2025



over
PLN 11.3 million
is the value of the Family to Family program
in 2025



over
PLN 6.6 million
is the value of programs co-financed
by the Ministry of Foreign Affairs
of the Republic of Poland
under the Polish Aid program



over
200 thousand people
in Yemen received medical and hygiene assistance
through the Caritas Poland mission



76 projects
were carried out by Caritas Poland abroad with the
support of local partners

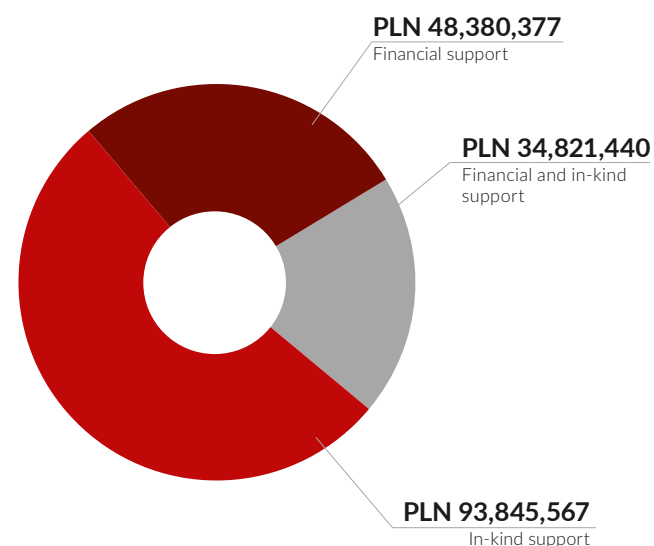


Support provided by Caritas Poland to institutions and organizations in Poland in 2025

Each year Caritas Poland provides support to various entities in their relief work. This support is received by diocesan Caritas branches and religious congregations, but also by other types of charity partners. It includes financial, combined financial and in-kind, or in-kind support. A special type of support is the coordination of food aid provided by diocesan Caritas branches.

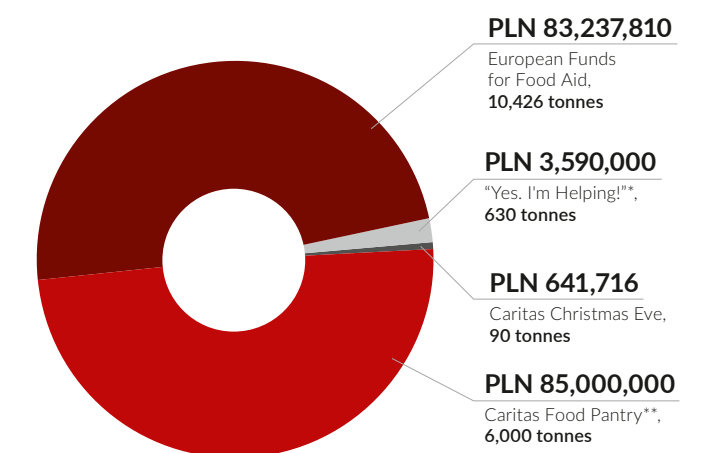
Financial, Combined Financial and In Kind, and In Kind Support

Financial support was provided, among others, through specific nationwide social programs. These included primarily food programs such as the European Funds for Food Aid (Fundusze Europejskie na Pomoc Żywnościową – FEPŻ) and the Caritas Food Pantry, both coordinated by Caritas Poland, as well as the “For Everyday Shopping” program supporting seniors, run together with the Biedronka Foundation. This type of support also served the implementation of projects involving the upgrading and revitalization of facilities such as hospices and soup kitchens. Combined Financial and In Kind, and In Kind Support was primarily allocated to the direct provision of food aid for various vulnerable groups, to support a range of initiatives, and to fund emergency actions, including those in response to floods.



Food Aid

Food aid programs – implemented by diocesan Caritas branches, religious congregations, and other partners engaged in charitable work, and coordinated nationwide by Caritas Poland – are an important element of material support for the most vulnerable. They serve a variety of purposes. The primary goal is social: to combat food poverty. The second goal, related to environmental concerns, is to reduce food waste. The third goal of food aid programs is to foster a spirit of social solidarity, supported by initiatives such as the “Yes. I’m Helping!” campaign and the Caritas Christmas Eve, carried out with the help of large numbers of volunteers.

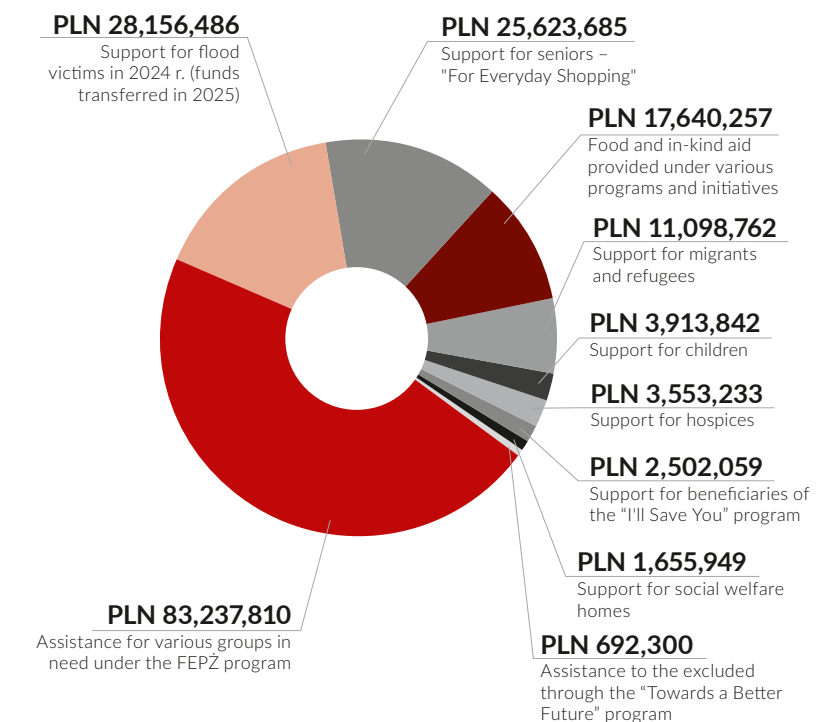


PLN 172,469,526

is the value of food distributed as part of nationwide Caritas programs implemented by diocesan Caritas branches and coordinated by Caritas Poland

Support Provided Under Specific Programs

The support that Caritas Poland provided to diocesan Caritas branches, religious congregations, and other partners engaged in charitable work served, among other purposes, the implementation of specific nationwide social programs. As illustrated in the chart on the right, in the past year Caritas Poland allocated the largest share of its resources to food aid for the most vulnerable, support for people affected by floods, and assistance for older people under the “For Everyday Shopping” program. Other groups also benefited from the support delivered through partner organizations, including people experiencing poverty and various life crises. These included primarily centers and children, as well as people who are ill or elderly and receive care in Caritas facilities (such as hospices, social welfare homes, or centers supporting people in overcoming homelessness).



PLN 178,074,383

is the value of financial, in-kind, and combined financial and in-kind support provided by Caritas Poland to diocesan Caritas branches and religious congregations

*The amount representing the value of food provided by individual donors under the “Yes. I’m Helping!” campaign is not formally reflected in Caritas Poland’s budget, as the food is received and distributed by diocesan Caritas branches.

**The amount representing the value of food donated by stores under the Caritas Food Pantry program is not formally reflected in Caritas Poland’s budget, as the food is received and distributed by diocesan Caritas branches.



The year 2025 was a time of intensive work for Caritas Poland, of strengthening its capacities and continually reaffirming that the foundation of its mission is staying close and caring for others – the sick, the lonely, the poor, those in crisis, and those experiencing old age or disability.

Good Happens When We Stay Close

Looking back, 2025 did not differ from the previous few years in one respect: the need to confront challenges. A growing sense of loneliness, isolation and alienation is not a new problem, but it has become so widespread that it has turned into a defining affliction of our time. Sociological research shows that their roots lie, among other factors, in the decline of community-based forms of life, the gradual breakdown of family and neighborhood ties, and the shift of many activities into the virtual world. Aware that material support is only one element of effective assistance, in its work Caritas follows the principle of staying close to those in need.

Close Relationships – an Important Need at Every Stage of Life

Caritas Poland implements the idea of being close to others and accompanying them through a wide range of programs addressed to different vulnerable groups, as well as by supporting aid facilities run by diocesan Caritas branches across the country: hospices, long-term care and nursing facilities, social welfare homes, occupational therapy workshops, community centers, shelters, soup kitchens, overnight accommodation centres, and many others.

A particularly meaningful form of companionship – highlighted as one of the aims of Caritas Poland's 2025 campaign under the slogan "When there is nothing left to be done, we do everything we can" – is the care provided in hospices and palliative care facilities. At the final stage of life, the presence of a loved one, volunteers, or staff is just as important as professional care which ensures safety and allows people to live each day with dignity and without pain. In this way, Caritas Poland fulfils its role as an advocate for the sick – a role grounded in the experience of diocesan Caritas branches which operate 225 hospice and long-term care facilities, serving nearly 30,000 patients each year.

The need for close relationships is also felt by senior citizens, who are increasingly affected by loneliness; for this reason, Caritas has for years implemented a range of initiatives dedicated to this group. Among the most effective are creating meeting spaces, support circles in parishes, and developing volunteer engagement. The involvement of 4,000 volunteers who assist and accompany



11,858 employees of Caritas Poland and diocesan Caritas branches carry out the mission of mercy



70,000 volunteers support the work of Caritas Poland and diocesan Caritas branches



older people is a cornerstone of the "For Everyday Shopping" program. As part of its 8th edition, more than 11,000 seniors struggling with poverty and loneliness received support.

Opening Doors for the Excluded

When speaking about social exclusion, many people rely on stereotypes, thereby deepening the marginalization of various social groups. The aim of Caritas is not only to provide material assistance, but also – indeed, above all – to offer support that enables these individuals to achieve independence or to mitigate the effects of exclusion and loneliness.

Although social exclusion is most often associated with adults, it is increasingly affecting children as well. For this reason, Caritas supports them both materially and developmentally, helping to prevent alienation at school and giving them a fair start in life. One form of assistance is socio-therapeutic day-care centers – facilities run by diocesan Caritas branches and supported by Caritas Poland. These centers provide help to children from dysfunctional families and those experiencing poverty and other difficulties. They serve as a safe haven where children can rest, have a meal, receive help with homework, take part in activities that develop their interests, and go on outings. Complementing these efforts aimed at equalizing educational opportunities and supporting the development of talents are the "Wings" and "Two Talents" scholarship programs run by Caritas Poland. In 2025, 630 students received scholarships, and nearly 8,000 children benefited from Caritas facilities, including over 3,000 attending socio-therapeutic day-care centers.

Loneliness is also often the only companion of people experiencing home-

lessness. It is frequently not only a result of exclusion, but also one of its causes. The breakdown of relationships leads to helplessness, alienation, addiction, and ultimately to social marginalization. It is therefore not surprising that Caritas' night shelters, public shower facilities, soup kitchens, and centers for people experiencing homelessness are in constant demand, especially during the winter. All these facilities are places that – both literally and figuratively – save lives. It must be emphasized that this kind of support is particularly challenging and prone to failure.

The fact that many people have found the strength to overcome homelessness is largely thanks to Caritas staff and volunteers, for whom this is not merely a job, but a mission. They are a true treasure of the organization; for this reason, Caritas Poland has launched a series of training sessions for staff from diocesan Caritas branches involved in supporting people experiencing homelessness.

An Organization That Keeps Learning

Training for Caritas staff and volunteers – people who face considerable emotional strain in their work – has become an important element in building the organization's strength and resilience. For more than three years, Caritas Poland, together with the Shipyard Foundation, has been organizing a series of workshops and training sessions called "Memory Gym," designed for occupational therapists working with senior citizens suffering from neurodegenerative diseases in long-term care facilities. In addition, Caritas Poland runs a series of seminars entitled "How to Help Wisely and Avoid Burnout" for caregivers and therapists working with socially

excluded individuals, people experiencing homelessness, those struggling with addiction, and individuals affected by illness and mental health disorders. During these sessions, participants learn, among other things, where to find a sense of purpose when the results of their efforts are not immediately visible, and how to maintain strength and perseverance when everyday work brings tension, pressure, and a sense of helplessness.

Caritas staff must also cope with challenges arising from crisis situations. In this context, the Superhero's Path training proved particularly valuable for those who support children from Ukraine on a daily basis, as well as for caregivers of children evacuated from orphanages. Participants learned how to effectively support children affected by war trauma and migration, and were introduced to methods of managing emotions and stress, as well as techniques of nonviolent communication.

A Source of Positive Energy

A sense of mission, along with training that enhances skills and prevents professional burnout, is extremely important in work that demands full commitment. However, strength also comes from a sense of belonging to a community and from being appreciated. The 35th anniversary of the reactivation of Caritas and the Pilgrimage of the Caritas Community provided opportunities both for integration and for expressing gratitude to staff and volunteers. These two important events held in 2025 gave those involved in Caritas activities a chance to catch their breath, step out of their expert roles for a moment, and "recharge their batteries" with positive energy.

Programs Conducted in Poland in 2025

Food and In-Kind Aid

Program / Project	Sector	Program / Project Value	Number of Participants	Program / Project Description
Caritas Food Pantry	Food Security	PLN 85,000	65,000	A nationwide program for the collection and distribution of surplus food products approaching their expiry date. The food is distributed to people in need in the form of packages or meals. The program is implemented by diocesan Caritas branches partnering with more than 1,400 retail chain stores and warehouses. In 2025, nearly 6,000 tonnes of food were collected.
European Funds for Food Aid (Fundusze Europejskie na Pomoc Żywnościową – FEPŻ)	Food Security	PLN 83,237,810	236,174	A multi-year program implemented by Caritas Poland and diocesan Caritas branches. Over 11 months in 2025, 807,293 packages and 395,432 meals were distributed to people in need under the European Funds for Food Aid (FEPŻ) 2021-2027 Program co-financed by the European Social Fund Plus. Under the Subprogram 2024, more than 10,426 tons of food products were distributed to people in need. The aid could be received at more than 793 food distribution points. In addition, the Subprogram 2024 distributed donated products, supplementing the European Funds for Food Aid Program food packages with products from the Caritas Food Pantry program, among other sources. The Subprogram also included workshops and training sessions that supported 32,190 participants from all provinces across Poland.
In-kind aid (all actions and crises)	In-kind aid	PLN 19,496,887	100,000	A fundraising project carried out as a Caritas Poland statutory activity, addressed to those in need under the care of Caritas Poland and diocesan Caritas branches. The aid provided (including cleaning supplies, clothing, food) significantly contributes to meeting the needs of the most vulnerable.
Caritas Poland Warehouse	Capacity Building	PLN 4,920,000	-	In March 2023, pursuant to a notarial deed dated 23 March 2023, Caritas Poland received two plots of land from the National Support Center for Agriculture. The plots, located in Szeligi in the Municipality of Ożarów Mazowiecki, have a combined area of 0.944 hectares and a total value of PLN 3,354,100. In November 2023, Caritas Poland signed an agreement with the Agency for Restructuring and Modernisation of Agriculture (ARiMR) for co-financing of a warehouse under the National Recovery Plan. The warehouse was commissioned at the end of 2025.
"Yes. I'm Helping!"	Food Security	PLN 3,590,000	50,000	A nationwide food collection campaign run by Caritas Poland since 2011. It is organized twice a year – before Easter and Christmas. In 2025, the 26th and 27th editions of the collection took place. Caritas volunteers were stationed at 2,000 stores, collecting long shelf life food products. In both collections combined, a total of 630 tons of products were secured.
Caritas Christmas Eve	Food Security	PLN 641,717	25,000	A nationwide action held every year on December 24 or the day before. Participating diocesan Caritas branches invite the poor, those experiencing homelessness and the lonely to share a table. In 2025, Caritas Christmas Eve dinners were organized in 90 cities across Poland, with about 3,000 participating volunteers from 35 dioceses. Since the beginning, the campaign has been supported by the Selgros cash-and-carry chain.
Caritas Soup Kitchen	Capacity Building	PLN 396,800	4,000	Soup kitchens serve several million free hot meals every year. They benefit the financially disadvantaged, the sick, the unemployed, the helpless, those experiencing homelessness, as well as senior citizens. Caritas Poland and Lidl Poland have partnered in implementing the Caritas Soup Kitchen project since 2018. So far, Lidl has donated nearly PLN 2.2 million to the project. The funds have been used, among other things, for renovations, kitchen equipment, canteen facilities and insulated soup containers, with 30 soup kitchens receiving support in 2025.



Aid to Children and Families

Program / Project	Sector	Program / Project Value	Number of Participants	Program / Project Description
"Wings" and "Two Talents" Scholarship Programs	Education	PLN 1,210,500	630	Programs for elementary and secondary school students who need support due to poor family financial situation. The aim of the programs is to provide equal educational opportunities and enable children and young people to develop their interests and passions.
Respite stays	MHPSS	PLN 1,059,630	492	The campaign was organized in response to the needs of Ukrainian children living in war zones. The respite stays provide 14 days of rest and a break from the sad reality witnessed by the children.
Happy Box for Children's Day	Basic Needs	PLN 523,546	25,000	Support for children from families in difficult financial situations through building healthy eating habits and providing in-kind support. On Children's Day, 25,000 packages with healthy snacks, books and toys were delivered through facilities run by diocesan Caritas branches, among others. The project was co-financed by Jeronimo Martins Polska S.A.
Comprehensive support for evacuated Ukrainian children and their caregivers	Multisectoral	PLN 507,559	25	Enhancing the well-being of children evacuated from institutional care in Ukraine and currently staying in Poland by: employing additional staff, providing educational support, ensuring access to healthcare, implementing child protection standards, and offering extracurricular activities and organized leisure. The project was co-financed by Caritas Germany.
"Good Start"	MHPSS	PLN 104,126	130	A project targeting mothers residing in single mother centers, developed based on a needs survey. The support included: strengthening self-esteem, building a relationship with the child, and preventing exclusion from the labor market. The project was co-financed by The Human Safety Net Polska Foundation (Generali).
Schoolbag Full of Smiles	Basic Needs	PLN 59,196	400	The campaign, held each year at the end of the summer vacation, consists of donating backpacks with a starter set of school supplies to children. Its aim is to provide them with equal opportunities in access to education. In 2025, Caritas Poland provided support for 400 children at the Migrant and Refugee Assistance Center in Warsaw. The campaign was also run by diocesan Caritas branches which distributed 8,000 schoolbags.
Caritas Holiday Action	MHPSS	PLN 44,650	25	Co-financing of one of the summer holiday camps organized under the Caritas Holiday Action. In 2025, 19,000 children participated in holiday camps, day camps, and trips financed by diocesan Caritas branches.
Caritas Academy for Children	Basic Needs	PLN 74,654	80	Support for children and youth, primarily those attending Caritas socio-therapeutic day-care centers, through empowerment and promotion of social integration. This was achieved through a donation of 68 laptops and financial support for upgrading the facilities with electronic equipment.
Support program for orphanages and the "Bridges" scholarship program.	Multisectoral	PLN 300,000	350	As part of the support for orphanages, meetings and webinars were organized for directors and staff of the facilities. Under the "Bridges" program, 31 scholarships were awarded to support the educational needs of young people leaving orphanages.

Support for People with Illnesses and Disabilities

Program / Project	Sector	Program / Project Value	Number of Participants	Program / Project Description
Caritas Hospices (1.5% PIT donations)	Capacity Building	PLN 2,300,000	6,584	Financial support for 60 hospice facilities and selected long-term medical care institutions, networking cooperation between diocesan Caritas branches and Caritas Poland in the field of long-term care, as well as 21 study visits and 7 training sessions for hospice volunteers. The financial support was sourced from funds obtained through the designation of 1.5% of personal income tax.
Caritas Hospices (Church Ministry of Mercy)	Capacity Building	PLN 200,000	820	Financial support for 7 hospice facilities and selected long-term medical care institutions, networking cooperation between diocesan Caritas branches and Caritas Poland in the field of long-term care, as well as a study visit and a training session for hospice volunteers.
Supporting religious hospices and long-term care facilities	Capacity Building	PLN 629,800	5,000	Support for 51 religious hospices and long-term medical care facilities in the form of: a conference and training for hospice fundraisers and spokespersons, two training sessions with the Shipyard Foundation for 70 occupational therapists as part of the "Memory Gym" series, specialized sessions delivered during six webinars, and two-day workshops for 30 trainers.
Caritas Social Welfare Homes (1.5% PIT donations)	Capacity Building	PLN 820,020	2,018	Financial support for social welfare homes, as well as networking cooperation between Caritas branches in Poland in the field of long-term care. The funding allowed the facilities to purchase equipment, including beds, lifts, mattresses, and furnishings for rooms and libraries. Online meetings were also held for staff to develop their professional qualifications. The financial support was sourced from funds obtained through the designation of 1.5% of personal income tax.
Caritas Social Welfare Homes (in-kind aid)	Health and Nutrition	PLN 485,384	6,000	In-kind support for 69 social welfare homes run by diocesan Caritas branches and religious congregations, based on a needs survey. A total of 241 items were provided, including anti-bedsore mattresses, oxygen concentrators, and food processing machines. The equipment was purchased using funds obtained through the designation of 1.5% of personal income tax.
Caritas Social Welfare Homes (Church Ministry of Mercy)	Capacity Building	PLN 346,500	418	Financial support for social welfare homes run by diocesan Caritas branches, as well as networking cooperation between diocesan Caritas branches and Caritas Poland in the field of long-term care.
Uratujecie.pl	Health and Nutrition	PLN 2,502,059	91	Improving the health and living conditions of people affected by illness or disability whose treatment is not financed by the National Health Service (NFZ), as well as those facing life difficulties. The project included fundraising through the www.uratujecie.pl online platform to finance the purchase of medications and cover the costs of therapy and rehabilitation.

Support for Seniors

Program / Project	Sector	Program / Project Value	Number of Participants	Program / Project Description
"For Everyday Shopping"	Basic Needs	PLN 25,623,685	11,081	Support was provided to seniors in difficult life situations through the distribution of prepaid cards for the Biedronka retail chain, topped up monthly with PLN 200–230 for a period of 10 months. The program also included initiatives aimed at reducing the sense of loneliness in seniors and understanding their situation and needs. The initiative was supported by 4,000 volunteers who had participated in a series of training sessions. The program was funded by the Biedronka Foundation.
Meals for Seniors	Health and Nutrition	PLN 131,124	50	A two-course meal provided twice a week to about 50 vulnerable seniors from three parishes in Warsaw. For six months, the program was implemented in partnership with Caritas of the Warsaw Archdiocese.
"Senior Caritas Est"	MHPSS	PLN 55,000	100	Improving the quality of life of Warsaw's seniors through social, cultural, mental, spiritual and physical activation and by creating bonds and friendships, including intergenerational ones. Another aspect of the program is material support for seniors through the preparation of packages for Easter, World Day for Grandparents and the Elderly, and Christmas.



Assistance to Migrants and Refugees

Program / Project	Sector	Program / Project Value	Number of Participants	Program / Project Description
Social initiative for integration support for refugees affected by conflict	Multisectoral	PLN 4,585,045	21,016	Support for migrants and refugees provided through 13 Migrant and Refugee Assistance Centers, including psychological assistance, vocational activation, access to Polish language courses, and psychosocial activities such as workshops, training sessions, and integration meetings. The project was funded by UNHCR.
Support for Migrant and Refugee Assistance Centers (CPMiU)	Multisectoral	PLN 4,233,635	23,923	Support for Migrant and Refugee Assistance Centers in providing assistance to migrants and refugees through: psychosocial activities, educational support, Polish language courses, psychological assistance, specialized courses, integration and career counselling, and the development of volunteer engagement among foreigners. These activities were carried out by 21 Migrant and Refugee Assistance Centers across Poland.
Preparedness and Crisis Response	Capacity Building	PLN 742,348	580	Strengthening the institutional capacity of Caritas Poland and the Caritas network in Poland by building preparedness for crisis situations in the areas of security, management and crisis response, as well as strengthening Migrant and Refugee Assistance Centers. More than 20 training sessions were conducted for the staff of Caritas Poland and diocesan Caritas branches; procedures, training materials, and a participant registration database were developed. The project was funded by Catholic Relief Services.
Regional Cooperation Platform	Capacity Building	PLN 338,420	-	Developing shared good practices and experiences in countries that have received the largest number of refugees from Ukraine, and sharing the outcomes with European institutions and organizations. The project involved experts from Caritas in Ukraine, Poland, Romania, Bulgaria, the Czech Republic, Slovakia, Moldova, and Hungary. The project was funded by Catholic Relief Services and Caritas Spain.
"Security and Integration of Foreign Nationals as a Path to Self-Reliance"	Multisectoral	PLN 245,408	775	Support for foreigners benefiting from assistance provided by the Migrant and Refugee Assistance Centers run by Caritas Poland through career counselling, personal assistant support, participation in support group meetings, involvement in developmental and sports activities for children, and the development of volunteer engagement. The project was co-financed by the European Union under the Asylum, Migration and Integration Fund.
Assistance to foreigners at the Caritas Poland Migrant and Refugee Assistance Center	Multisectoral	PLN 195,731	383	Support for migrants and refugees facing difficult circumstances, including medical assistance, the purchase of medicines, rent subsidies, the purchase of items for children, food assistance, and the distribution of packages containing hygiene products, clothing, and other essential items. In total, 900 e-vouchers for Biedronka stores, 1,200 in-kind aid items, and 100 school starter kits were distributed.
Superhero's Path	MHPSS	PLN 46,285	400	Implementation of a program developed by Caritas Ukraine to provide psychosocial support for children at 12 Migrant and Refugee Assistance Centers. As part of the program, 12 sets of materials were printed and 30 educators were trained, who then conducted workshops for Ukrainian children staying in Poland.
"Age of Solidarity"	Education	PLN 22,164	600	Raising awareness of the situation of young people who experienced war and left Ukraine, through teacher training courses, a campaign in schools and on social media aimed at improving the perception of refugees, and the implementation of an educational program at selected establishments. As part of the project, 7 films and a handbook in 5 language versions were produced, and 100 educators were trained, who conducted classes for 500 students.
In-kind aid	Basic Needs	PLN 4,581,210	91,046	In-kind support for refugees and Polish citizens, including mattresses, bedding, towels, hygiene kits, thermos flasks, etc. The support was distributed through Migrant and Refugee Assistance Centers and Caritas facilities. A donation was provided by UNHCR.

Assistance to the Excluded

Program / Project	Sector	Value	Number of Participants	Program / Project Description
The "Towards a Better Future" mini-grant competition	Capacity Building	PLN 609,400	2,100	As part of the mini-grant competition for support facilities, projects were selected that activate participants, foster integration, and improve their motivation and well-being. These included, among others, psychosocial workshops, psychological consultations, hairdressing services, and the purchase of equipment.
Support for the staff of facilities for people experiencing a crisis	Capacity Building	PLN 98,474	250	Two seminars titled "Help Wisely and Avoid Burnout," two study visits, and supervision sessions for 90 staff members were conducted. The aim was to strengthen participants' competencies in communication, crisis management, working with emotions, and preventing professional burnout.
"A Bit of Warmth For a Homeless Person"	Basic Needs	PLN 72,701	400	An initiative aimed at people experiencing homelessness during the autumn and winter season was carried out in partnership with the Warsaw City Guard. It involved distributing soup and essential items. Additionally, hygiene kits containing, among other things, cleaning products, sanitary pads, and tissues were provided to women experiencing homelessness.
20th Pilgrimage of the Homeless to Jasna Góra Sanctuary	MHPSS	PLN 44,500	500	Spiritual support for people experiencing homelessness to encourage them to remain sober and strive for a better life. The pilgrimage was also an opportunity to host people experiencing homelessness and to foster integration among support communities and staff with the people they serve.
"We Will Make It!"	MHPSS	PLN 24,061	8	Support for young people in overcoming homelessness, addictions, and life crises, as well as in developing life skills and discovering their potential. The means to achieve this goal included social and financial assistance, co-financing the costs of education, help with setting up housing, and psychological support.

Volunteers

Program / Project	Sector	Program / Project Value	Number of Participants	Program / Project Description
Caritas Community Pilgrimage	Capacity Building	PLN 357,607	2,500	During the one-day event, volunteers and Caritas staff from across Poland participated in a Holy Mass and attended thematic meetings. The event took place at the Temple of Divine Providence in Warsaw.
Conventions of volunteer coordinators	Capacity Building	PLN 63,000	120	The aim of the conventions was to enhance the competencies of diocesan volunteer coordinators, exchange good practices, provide training in volunteer management and organization, and strengthen institutional resilience in crisis situations.
Increasing Caritas Poland preparedness to provide assistance with the involvement of crisis volunteers	Capacity Building	PLN 59,940	50	Improving the skills of diocesan volunteer coordinators in providing first aid and obtaining first aid instructor qualifications (confirmed by a state certificate), enabling them to conduct training sessions and courses in this field.
Support for long-term Caritas volunteering in Poland	Capacity Building	PLN 29,000	73,507	Strengthening volunteer engagement through the development of the Caritas Volunteer Strategy, the publication of good practices, the animation of volunteer centers, training, and the promotion of volunteer activities. The project was implemented in 2023-2025 and funded by the National Freedom Institute – Center for Civil Society Development (NIW-CRSO).
Formation for School Caritas Clubs	Capacity Building	PLN 6,000	45	Development of formation materials for School Caritas Clubs to be used by volunteer coordinators to conduct formation meetings with young people.
Formation for Parish Caritas Teams	Capacity Building	PLN 6,000	45	Development of formation materials for Parish Caritas Teams used during formation meetings organized for volunteers operating within parishes.

Crises and Disasters

Program / Project	Sector	Program / Project Value	Number of Participants	Program / Project Description
Comprehensive support for households affected by the September 2024 flood	Basic Needs	PLN 14,000,000	6,116	Distribution of prepaid cards for the Castorama retail chain – each worth PLN 5,000 – for the purchase of materials for home repairs and reconstruction by affected families. The activities were carried out by Caritas Poland in partnership with diocesan Caritas branches (Bielsko-Żywiec, Legnica, Opole, and Świdnica). A total of 2,800 cards were distributed.
Cooperation – counteracting the effects of the 2024 flood	Multisectoral	PLN 12,557,750	50,000	Activities implemented by Caritas of the Świdnica Diocese and Caritas of the Opole Diocese. As part of the program, buildings and rooms in 77 parishes were renovated, and financial assistance was provided to 10,000 people. Respite stays were also organized, benefiting 498 people.
Comprehensive support for households affected by the 2024 flood	Basic Needs	PLN 3,597,991	1,621	Distribution of prepaid PKO BP cards, each worth PLN 6,000, to households affected by the flood in September 2024. The assistance was financed by Caritas Slovenia, Switzerland, Bosnia and Herzegovina, Canada, Spes, and a Caritas Poland fundraising campaign.
Wings Scholarship Program	Education	PLN 1,050,000	700	The aim of the program was to support primary and secondary school students in developing their interests and passions. Scholarships were awarded to children affected by the 2024 flood.
Reconstruction of the school in Wleń	Basic Needs	PLN 385,550	160	Support for the community affected by the 2024 flood through co-financing the reconstruction of the Jadwiga of Silesia School Complex in Wleń. Funds were provided as part of public benefit activities by the "Mlekpól" Dairy Cooperative in Grajewo.
Support for households affected by a violent storm in the Pawłosiów Municipality.	Basic Needs	PLN 200,000	135	Financial support was provided to 50 households in the Archdiocese of Przemyśl that suffered losses as a result of a violent storm in April 2025.
Reconstruction of infrastructure and purchase of equipment in Nysa and Głucholazy	Basic Needs	PLN 170,800	100	Financing the connection of a water supply network to a building in Nysa, as well as the purchase of domestic water tanks and hydrotherapy equipment for the Didactic and Scientific Institute in Głucholazy which had been affected by the 2024 flood. The project was funded by Grundfos.
Summer recreation for children and youth	MHPSS	PLN 165,000	1,000	Organization of summer recreation for children and youth from parishes affected by the 2024 flood in the Opole Diocese. Funding covered, among other things, accommodation, meals, insurance, and an educational and recreational program. 18 Parish Caritas Teams were involved in the project.
Comprehensive support for households affected by the 2024 floods – diocesan Caritas branch capacity building component	Capacity Building	PLN 79,442	-	Enhancing the organizational capacity of Caritas of the Opole Diocese in post-crisis support by mobilizing staff responsible for projects, administration, distribution of in-kind donations, and communication.
Caritas Christmas Eve 2025 for people affected by the September 2024 flood	MHPSS	PLN 42,500	445	Organization of a joint Christmas Eve dinner for people affected by the flood and those who provided assistance. During the event, children received gifts.

Organization Identity

Program / Project	Sector	Program / Project Value	Number of Participants	Program / Project Description
Training sessions conducted by diocesan Caritas branches focusing on Catholic Social Teaching (CST)	Capacity Building	-	151	CST is the foundation of Caritas's mission; therefore, the training contributed to strengthening the organization's identity as a network bringing together diocesan Caritas branches and Caritas Poland.

SELECTED AREAS OF AID IN POLAND

Food. To Save and Distribute



nearly **6,000 tons** of food were distributed to those in need as part of the Caritas Food Pantry program

1,202,725 packages and meals were distributed to those in need under the European Funds for Food Aid program

In Poland, nearly 5 million tons of food are wasted every year. These are alarming figures, especially when compared with data on poverty: according to the latest estimates by Statistics Poland, nearly 2 million Poles live in extreme poverty. This means that one in twenty people has an income below the subsistence minimum. Therefore, combating food waste is not only an ecological issue but also an act of solidarity with others.

A key tool in this effort is the *Act on Counteracting Food Waste*. It requires large retail stores to donate unsold but non-expired products to non-governmental organizations. One of them is Caritas, which runs the "Caritas Food Pantry" program. This involves the daily commitment of volunteers and staff who collect food with a short shelf life from retail chains. In 2025 alone, diocesan Caritas branches collected and distributed nearly 6,000 tons of food to those in need, supporting more

than 65,000 people. The value of this food in 2025 amounted to almost PLN 85 million.

An important element of food aid provided by Caritas is its systemic approach, in which the European Funds for Food Aid (Fundusze Europejskie na Pomoc Żywnościową – FEPŻ) program plays a key role. Under the program, Caritas distributes such articles as pasta, rice, canned goods, oil, or convenience food. These are products that allow families to secure their basic food needs for several weeks and provide a sense of stability. The distribution of food under the FEPŻ program, together with fresh food obtained through the Caritas Food Pantry, creates a complementary support model.

SELECTED AREAS OF AID IN POLAND

Homelessness. A Staged Approach



4,900 liters of soup were distributed to those in need as part of the 11th "A Bit of Warmth for a Homeless Person" campaign

nearly **136,000** people at risk of exclusion benefited from Caritas aid

Caritas, with its many years of experience in providing aid in situations of distress, is always on the front line – regardless of who finds themselves in crisis. However, emergency assistance is only the beginning. Saving a person living in a makeshift shelter from freezing does not mean saving their entire life. That requires long-term, systemic solutions, because overcoming homelessness – or any life crisis – is a process.

"Substance use first appeared in my life when I was a teenager," says Tomek, a participant in the "We Will Make It!" homelessness recovery program. "It's not that there was alcohol abuse or poverty at home, but I just felt miserable there. So I would escape into bad company. To feel confident, I first reached for alcohol, and later marijuana and other drugs. By the time I was 20, I was in such bad shape that I underwent my first – and, as it turned out, not the last – therapy. After completing it, I went back to drugs and alcohol. I couldn't

cope with normal life; even ordinary relationships with people overwhelmed me. I know now that I lacked the kind of support I have today. I was intoxicated on and off for several more years. I went to Spain, where I lived on the streets, supporting myself by playing the guitar. Toward the end, I was so exhausted I didn't want to live anymore. With my last bit of strength, I managed to return to Poland and start therapy."

Caritas is prepared to support people experiencing homelessness at various stages – from warming shelters, public shower facilities, and soup kitchens, which offer temporary relief and encouragement to take the next step; through shelters, therapy, and individual programs for overcoming homelessness; to housing assistance and solutions for young people based on the supported housing model.

SELECTED AREAS OF AID IN POLAND

Senior Citizens. A Cure for Loneliness



4,000 volunteers supported senior citizens in the 8th edition of the "For Everyday Shopping" program

nearly **168,000** senior citizens in Poland received assistance from Caritas

Loneliness among the elderly is becoming one of the most serious challenges of modern societies. As populations age, the number of seniors living in isolation, feeling unneeded and deprived of support, is increasing. The scale of the phenomenon is alarming. In Poland, around 40% of seniors report frequent feelings of loneliness, and one in three lives alone. Loneliness also has health consequences – it increases the risk of depression,

dementia, heart disease, weakened immunity, and premature death. Caritas seeks to counteract senior loneliness by developing volunteer engagement – an example being a group of 4,000 trained volunteers who support seniors participating in the "For Everyday Shopping" program – and by creating groups that foster social integration. One such group is "Senior caritas est," run by Caritas Poland.

"I benefit from the meetings organized by Caritas in every way," says Wanda, a participant in the group. "The topics of the meetings are diverse. They help us constantly learn something new, but we also share our own thoughts and impressions. Many people participate in our group trips. On their own, many of them wouldn't go anywhere, as they require care and guidance – not to mention that many simply couldn't afford it. We have become friends. We have exchanged phone numbers and now keep in touch with one another. My neighbors are mostly young people, and our interactions are limited to 'good morning'; sometimes someone asks if they can carry a heavy bag for me. In contrast, our meetings have a special, usually joyful atmosphere."

SELECTED AREAS OF AID IN POLAND

Migrants. We Give and Receive



more than **37,000** people benefited from assistance provided by Migrant and Refugee Centers

approximately **1,000** people took part in Christmas Eve gatherings organized by the Migrant and Refugee Assistance Center in Warsaw

They do not come by choice, but out of necessity. Migrants and refugees carry with them fear, uncertainty about the future, and often deep trauma – but also skills and cultural richness.

To support migrants in integration and achieving self-reliance, Caritas establishes centers where specialists offer solutions that help foreigners adapt to their new environment. People who come to these centers can benefit from Polish language

courses, psychological support and therapy, career counseling, and training. Support groups are of great value to those who feel like castaways on unfamiliar shores. The meetings they attend show how valuable the exchange of views and experiences can be.

"I often hear from the people we serve that Poland has become their second home – a place of refuge that extended a helping hand and became a safe haven," says Renata Makuch, Head of

the Migrant and Refugee Assistance Center in Warsaw.

We give, but we also receive. The visible benefits of the presence of migrants in Poland include, above all, support in sectors facing labor shortages. Migrants also pay taxes, social security contributions, and VAT, which contributes to GDP growth. Moreover, they want to be part of society, which is why so many of them engage in volunteer work.

"Poland gave us a second home – thank you very much for helping my fellow citizens. I also try to help," says, in Polish, a young athlete from Ukraine who supported a Caritas Poland initiative as a volunteer.

The Activities of Diocesan Caritas Branches

The Power of Networking and Professionalism

The expertise of Caritas activities is rooted in a deep understanding of local contexts. While individual diocesan Caritas branches develop unique competencies – from high-quality hospice services to building local communities – Caritas Poland serves as the headquarters. It provides organizational support to the network, coordinates nationwide initiatives, and conducts advocacy activities at the systemic level, acting as an important partner across various areas of social policy. This synergy allows for the rapid scaling of assistance, as clearly demonstrated by the nationwide network of Migrant and Refugee Assistance Centers. This is a model solution that combines local operational capacity with central coordination, aimed at empowering participants to ultimately “help themselves.”

Cooperation within the network also involves continuous exchange of experience and joint program councils, which strengthen the organization's resilience to contemporary challenges. Thanks to the involvement of nearly 12,000 staff members and tens of thousands of volunteers, assistance is delivered in a professional and uninterrupted manner. Our identity – based on human dignity, the common good, solidarity, and subsidiarity – means that Caritas views care not as a commercial service, but as a relationship.

The data presented on the following pages, collected from 44 diocesan Caritas branches*, confirm the scale of this commitment. They show that despite differences in the capacities of individual regions, their shared denominator is effectiveness driven by unity in action. Our mission is to stay close to those in need, and professionalism and networking are the most effective ways to fulfill this mission.

Caritas in Poland is a unique nationwide network of 45 independent diocesan branches which, together with Caritas Poland, form a dynamic and cohesive ecosystem of assistance. This structure is not merely an organizational solution. The Caritas network in Poland is a practical expression of the principle of subsidiarity, one of the pillars of the organization's identity rooted in Catholic social teaching. According to this principle, the most effective help takes place close to the individual – in small towns and local facilities, where diocesan Caritas branches are best able to understand the needs of the local communities.

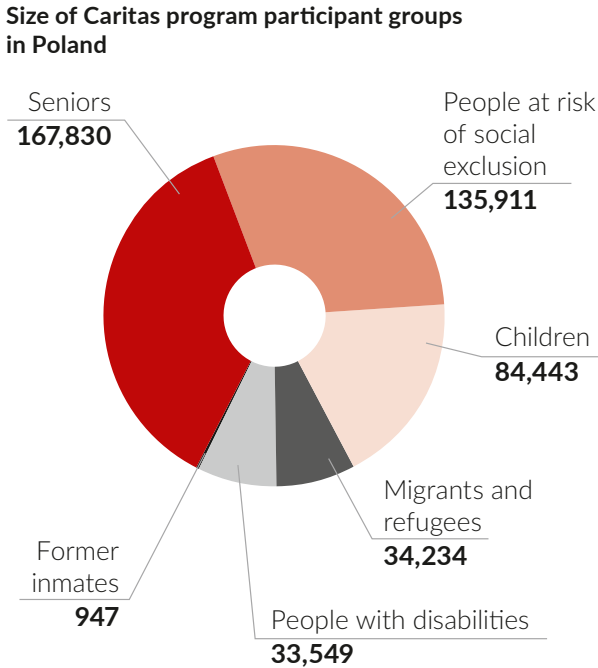
*One diocese did not provide any data, and one provided incomplete statistics.

Overview of key data received from diocesan Caritas branches

Caritas of the Diocese/ Archdiocese	Value of programs (PLN)	Value of aid from public funds (in PLN)	Number of employees working for diocesan Caritas branches	Number of volunteers active in 2025	Estimated number of aid recipients
Kielce	144,284,827	119,858,246	1,695	2,565	44,000
Przemyśl	104,867,606	95,255,719	991	2,715	38,850
Katowice	91,767,171	62,353,600	517	1,541	54,828
Opole	75,753,562	54,957,266	548	4,281	49,209
Kraków	69,054,000	48,085,523	1,281	2,226	63,467
Sandomierz	51,656,648	37,045,300	186	265	6,200
Ełk	49,500,000	6,480,000	370	3,147	18,340
Gdańsk	49,424,804	42,931,576	607	3,000	11,500
Warsaw	47,417,043	35,380,166	253	1,200	22,000
Warmia	39,000,000	27,000,000	350	1,650	14,000
Gliwice	38,063,346	16,855,938	240	930	34,266
Rzeszów	37,188,872	7,983,909	556	1,200	9,600
Tarnów	33,600,000	27,800,000	297	70	5,604
Warsaw-Praga	33,317,967	31,986,036	234	1,595	62,000
Siedlce	30,473,845	22,855,385	154	162	8,457
Płock	28,959,215	23,061,284	330	1,584	12,212
Toruń	27,076,717	16,053,929	358	1,145	21,723
Łomża	19,854,995	17,011,964	79	3,300	13,700
Bydgoszcz	19,562,444	3,771,033	65	709	24,000
Łódź	18,475,560	8,127,282	132	3,208	3,733
Białystok	18,290,000	10,911,000	136	1,037	4,567
Koszalin-Kołobrzeg	18,081,275	14,246,343	105	2,284	10,850
Włocławek	17,110,706	14,735,325	80	1,075	18,328
Szczecin and Kamień Pomorski	16,220,500	11,712,171	257	685	26,000
Radom	16,002,035	8,665,361	110	3,130	13,980
Częstochowa	15,309,541	11,646,849	59	400	9,143
Kalisz	14,566,725	6,423,253	79	1,760	12,205
Poznań	13,654,000	10,490,000	326	3,400	13,039
Gniezno	12,523,800	9,381,644	104	655	11,000
Sosnowiec	11,203,064	10,830,914	204	2,500	1,550
Drohiczyn	9,865,347	8,313,592	48	450	15,000
Zielona Góra and Gorzów	9,500,000	8,600,000	37	3,313	26,000
Lublin	7,269,522	1,121,517	78	4,000	7,900
Bielsko-Biała and Żywiec	7,172,000	5,930,000	31	900	8,000
Świdnica	6,498,223	5,984,502	68	353	20,015
Łowicz	6,000,000	4,410,000	92	500	4,804
Zamość-Lubaczów	5,778,269	1,947,135	45	1,885	6,596
Legnica	3,900,000	238,000	265	380	9,000
Pelplin	3,267,116	2,855,627	26	1,710	12,000
Elbląg	1,186,517	392,550	2	378	3,800
Olsztyn-Gdańsk	850,000	0	2	50	150
Field Ordinariate of the Polish Army	450,000	0	1	20	1,000
Przemyśl-Warsaw	80,700	0	0	6	120
Wrocław	No data	No data	360	2,300	10,000
Total	1,224,077,962	853,689,939	11,758	69,658	762,736

Caritas Program Participants in Poland

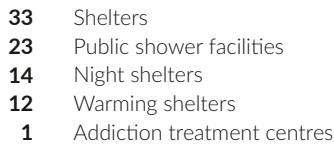
Caritas consistently provides support for a wide range of social groups. As shown in the chart, in 2025 the largest group of people served by diocesan Caritas branches were seniors. This group surpassed people at risk of social exclusion, who constituted the largest group of aid program participants in 2024. This shift is rooted in demographic changes. Currently, people aged 60 and over make up 26.6% of the country's population, and this share is increasing every year. As Monika Figiel, Coordinator of senior Programs at Caritas Poland, points out, "the number of people aged 80+ is growing rapidly, and many of them are dependent and require support in everyday life. The generations entering older age today have fewer children or none at all, which means that the traditional family-based model of care is disappearing. Moreover, as life expectancy increases, the responsibility of caring for a 90-year-old parent often falls on a 70-year-old senior." Recognizing the importance of this problem, Caritas runs facilities for older people and implements new models of support.



Assistance to People Experiencing Homelessness

Although this type of support is challenging and requires particular predispositions from those providing it, Caritas continuously strives to make it effective and grounded in respect for human dignity. It is a multidimensional form of assistance that involves not only emergency support (such as meals or clothing) or providing shelter (temporary or permanent), but also the engagement of various specialists. This is essential, as only a comprehensive approach can guide a person experiencing homelessness toward full independence and reintegration into society.

"For example, we offer those we serve therapy, support meetings, help in finding employment, and re-establishing contact with their families," says Aldona Podlipniak,



83 facilities for people experiencing homelessness

a social worker at a shelter for men experiencing homelessness in Police, run by Caritas of the Archdiocese of Szczecin and Kamień Pomorski. "We cooperate with a therapist and addiction treatment centers, as well as with a psychiatrist. Our residents have access to a kitchenette, a dining room, and a common room; we also have green outdoor space with benches. The rooms are equipped with beds and lockers. Some people stay here for several years, while others leave and return. There are those who have just left orphanages, as well as older people in their 70s or 80s. We also care for people with mental illnesses, cancer, or stroke victims. We try to help them – arranging medical appointments, and facilitating placement in social welfare homes or hospices."

163 sheltered, transitional, and supported housing for people experiencing homelessness, the elderly, and people with disabilities

2,611 recipients of aid provided in shelters

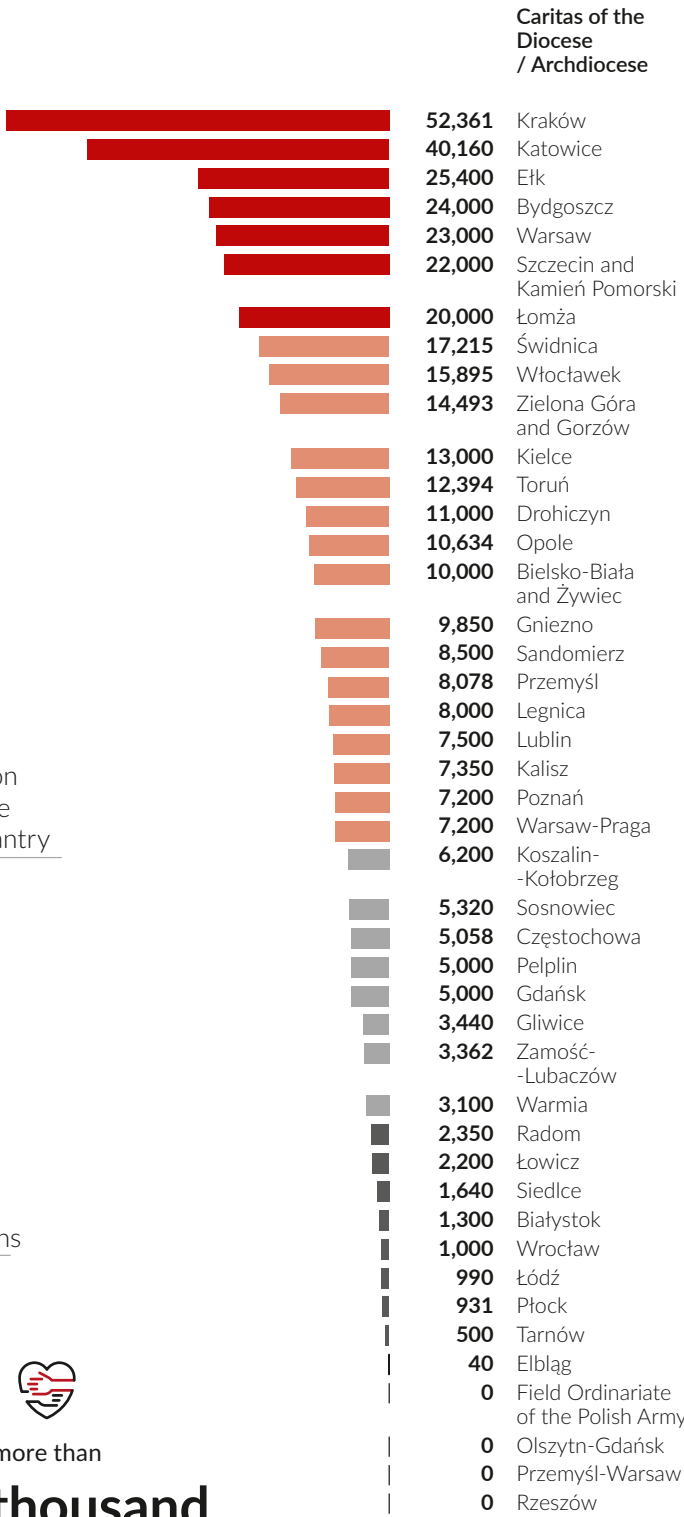
530 people a day used public shower facilities

Food Security

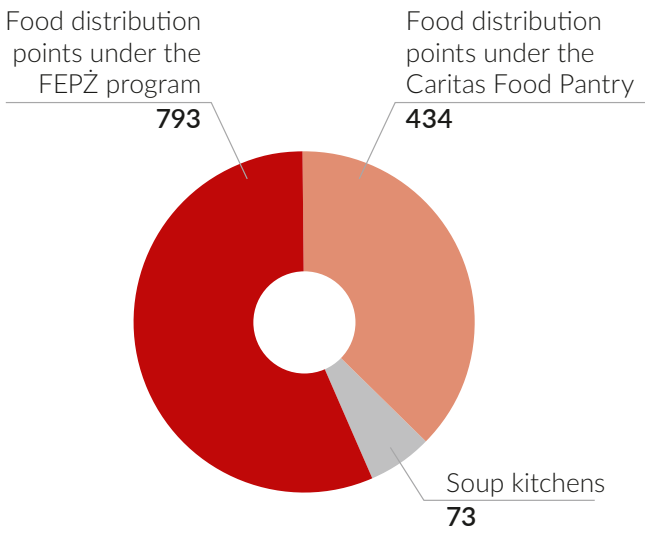
This form of support is used by nearly every group of participants, which is why Caritas implements it through major programs such as the Caritas Food Pantry and the European Funds for Food Aid (Fundusze Europejskie na Pomoc Żywnościową – FEPŻ), as well as the nationwide "Yes. I'm Helping!" food collection and smaller local initiatives. Strong logistical capacity, qualified staff, the support of volunteers, and above all experience in assisting the most disadvantaged ensure that these efforts are effective and reach those who need them most.

"I often have to choose between enduring a headache and going hungry. If I buy medicine, I can't afford bread," says Irena sadly. She is 96 years old and lives alone. Her low pension allows her to buy only the cheapest products. When a Caritas volunteer visited her with a package full of food, Irena made tea and happily spent some time talking. "This package not only fills my plate, but also... my life. It brings me joy to know that someone remembers me," she emphasizes. There are thousands of such stories.

The number of food aid recipients in individual diocesan Caritas branches



Number of soup kitchens and food distribution points



nearly 3 million meals were distributed by Caritas soup kitchens

more than 420 thousand people received food assistance across all Caritas programs

Long-Term Care



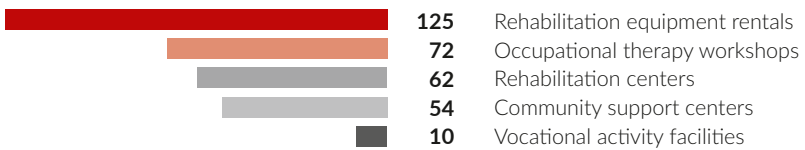
166 long-term care centers and facilities

23,497 people benefitted from long-term care

The growing share of older people in society means that long-term care is playing an increasingly important role in the work and mission of Caritas. It is a system of services for people who, due to age, illness, or disability, require ongoing medical and nursing support, but no longer need hospitalization. Because the needs of those eligible for this type of care vary, diocesan Caritas branches run facilities with different profiles. These include facilities providing 24-hour assistance (such as long-term care facilities), day care centers, as well as teams providing care in patients' homes.

Wacek is a resident of a long-term care facility run by Caritas of the Archdiocese of Warsaw – a center committed to restoring patients' physical and mental fitness. He used to work as an office equipment technician and traveled all over Warsaw. The pace of life never allowed him to slow down. Now he uses a wheelchair and spends much of his time reading. He dreams that one day he will be able to stand on his own feet again and take a walk in the beautiful garden surrounding the Warsaw facility.

Support for People with Disabilities



323 facilities for people with disabilities

nearly **83 thousand** individuals benefitted from facilities for people with disabilities*

People experiencing disabilities face numerous challenges – architectural barriers, social exclusion and stigma, as well as financial difficulties resulting from treatment costs and limited employment opportunities. Caritas strives to provide them with support by running facilities that offer comprehensive assistance. In many cases, this is support that sets life on a new path.

Beata joined the Occupational Therapy Workshop in Rumia, run by Caritas of the Archdiocese of Gdańsk, five years ago. She had spent most of her life confined at home with her parents, experiencing difficulties in family relationships, and toward the end of her parents' lives she was responsible for caring for them. During her first year at the OTW, she would cry with joy during every trip, walk, or visit to a café. She had never imagined she would experience so many interesting things in her life. By participating in the activities offered by the workshop, she gained self-confidence. She now has a circle of supportive friends, is in a happy relationship, lives independently, and volunteers her time.

*The number does not include people using rehabilitation equipment rental services.

Palliative Care



59 palliative care facilities are run by diocesan Caritas branches

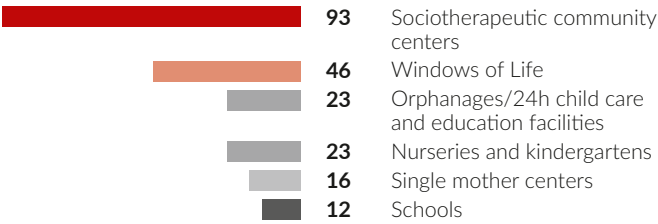
Caritas, as an organization guided by the principles of Catholic social teaching, cares for life at every stage – including the final and most difficult one. This commitment is reflected in numerous facilities and teams of specialists providing palliative care. This type of care focuses on alleviating the physical and psychological symptoms resulting from illness or its treatment, as well as offering social and spiritual support.

Hospices are still often perceived as "places of farewell," whereas for thousands of patients and their families they are above all places that enable a dignified, pain-free life – and, most

over **6 thousand** people were provided with palliative care by Caritas, including over **3.7 thousand** in home hospices and more than **2 thousand** in inpatient hospices

"A hospice is not a waiting room. It is a home where life does not say 'goodnight,' but 'I am here.' Every minute carries its own weight here, and the professionalism of the staff allows patients and their families to go through these difficult moments without paralyzing fear," says Fr. Janusz Majda, Caritas Poland CEO.

Support for Children and Youth



213 Caritas facilities provided care to children and youth

Number of diocesan Caritas branches implementing projects funded through the Christmas Aid Program for Children



Support for children and youth consists of a range of activities undertaken by diocesan Caritas branches aimed at protecting, educating, and nurturing the younger generation. These include, among others, running care facilities and engaging in nationwide programs and campaigns. The largest and most recognizable of these include the Caritas Holiday Action, the Christmas Aid Program for Children, and the scholarship programs "Wings" and "Two Talents."

Scholarship recipients of the "Two Talents" program are gifted young people – one of them is 16-year-old Noemi, a primary music school graduate who plays the cello. She also dances in a contemporary dance group with elements of ballet. What's more, she has designed her own clothing collection, and thanks to the scholarship she was able to purchase a sewing machine, among other things. She comes from a large family and has talented siblings.

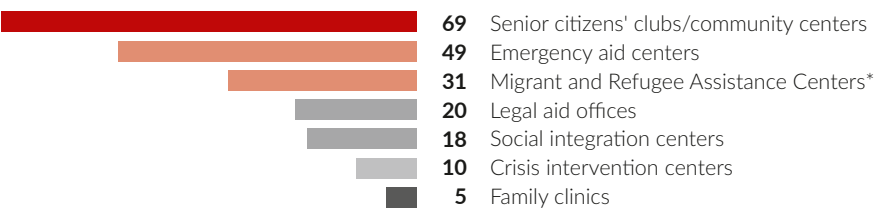
The Christmas Aid Program for Children is the oldest Caritas initiative, running since 1994. Its symbol – and at the same time a symbol of the Polish Christmas Eve – is the Caritas candles distributed during Advent. The funds raised in this way are used to support children in Poland and to fund missionary projects dedicated to children.

Support for Senior Citizens, Migrants and People Experiencing a Crisis

Poverty, unemployment, and difficulties in keeping up with social expectations are experienced by various groups at risk of isolation: seniors, migrants, people who have lost their source of income, or those who feel pushed to the margins of society. Their social status is relatively low, which leads to a sense of exclusion and loneliness, and discourages them from taking action and building relationships.

"I am addicted to computer games – I couldn't control the amount of time I spent playing," says Jarosław, who benefits from Caritas support services to get his life back on track. "I used to work as a taxi driver, but I lost my driver's license, and thus my source of income. I ended up in a psychiatric

Support Centers for Senior Citizens, Migrants and People Experiencing a Crisis



hospital. There has to be a moment in life – a shock – and someone who reaches out a hand. Addiction destroys interpersonal and family relationships, as well as your financial status. It is a problem that keeps growing. People live with it, but over time their lives begin to fall apart."

There are thousands of people who, for various reasons, struggle with everyday life. This is evidenced by the number of those who, in 2025, benefited from the assistance of various Caritas facilities offering legal advice, social support, or integration activities.

nearly **119 thousand** people experiencing exclusion benefited from Caritas facilities

over **37 thousand** people received support for migrants and refugees

over **72 thousand** people received assistance at emergency aid centers

*This number does not include the Migrant and Refugee Assistance Center run by Caritas Poland.

Caritas Volunteer Program

Number of diocesan Caritas branches engaging in specific areas of volunteer involvement



Caritas' charitable work is based on volunteers. Without their commitment, dedication, and reliability, many programs and aid initiatives would not be possible.

"You can live your life honestly and still not make full use of its potential," says

one of the Caritas volunteers. "It is worth at least partly shifting the focus of life from being 'for oneself' to being 'from oneself.' Volunteering is precisely this 'from oneself' attitude. It is what helped me find the missing piece in the puzzle of my life. I acquire, I possess, I achieve, I develop – but I also... give.

In my case, I give my presence and companionship to Caritas hospice patients. Some may say that's very little, but believe me – it is an immense wealth that we can offer another person. Presence and conversation fill the emptiness they feel, and for me, they allow me to reach the essence of life."

Caritas Volunteer Structure



Caritas facilities and aid centers

Type of facility	Number of facilities
FEPŻ distribution points	793
Caritas Food Pantry distribution points	434
Sheltered /transitional/supported housing units	163
Rehabilitation equipment rentals	125
Sociotherapeutic community centers	93
Soup kitchens	73
Occupational therapy workshops	72
Senior citizens' clubs/community centers	69
Long-term home nursing care	62
Rehabilitation centers	62
Community support centers	54
Emergency aid centers	49
Social welfare homes/care homes/family care homes	47
Windows of life	46
Home hospices	38
Shelters	33
Migrant and Refugee Assistance Centers	31
Nurseries and kindergartens	23
Orphanages/24h child care and education facilities	23
Adult daycare centers	23
Public shower facilities	23
Legal aid offices	20
Social integration centers	18
Long-term care facilities	17
Single mother centers	16
Home hospices	14
Night shelters	14
Warming shelters	12
Schools	12
Crisis intervention centers	10
Vocational activity facilities	10
Respite day-care centers	9
Pharmacies/pharmaceutical outlets	8
Nursing and care facilities (general)	6
Family clinics	5
Palliative medicine outpatient clinics	4
Perinatal hospices	3
Nursing and care facilities (psychiatric)	2
Addiction treatment centers	1

over **77 thousand** people benefited from help at rehabilitation centers

over **72 thousand** people received support at emergency aid centers

1,227 European Funds for Food Aid Program and Caritas Food Pantry distribution points run by diocesan Caritas branches

1,291 other Caritas facilities and aid centers provide support across the country



Support for the most vulnerable people affected by brutal armed conflicts, socio-economic crises, and natural disasters was one of the key priorities of Caritas Poland's foreign aid provided in 2025. By taking on the role of an expert and leader in humanitarian work, the organization made efforts to improve the quality and effectiveness of its assistance – both immediate and long-term. Guided by the principles of humanitarianism, impartiality, neutrality, and independence, it reached nearly 370,000 people, implementing 76 programs and projects with a total value exceeding PLN 52 million.

In the Face of Overlapping Crises and New Challenges

In 2025, we witnessed a rapid intensification of global humanitarian crises, along with significant structural changes within the international aid system itself. The *Global Humanitarian Overview 2026* report by UNOCHA (the United Nations Office for the Coordination of Humanitarian Affairs) states that 239 million people worldwide required urgent humanitarian assistance, and the international community appealed for more than USD 33 billion in support. The scale of these needs resulted from overlapping armed conflicts, forced migration, climate-related disasters, economic collapse, and limited access to basic services. The year 2025 confirmed that the world is operating in a complex reality where war, hunger, economic crises, and climate change occur simultaneously, increasing the number of people dependent on humanitarian aid.

Challenges in Aid Financing

According to UNOCHA analyses, the countries and territories most affected by humanitarian crises included: Sudan, Afghanistan, Syria, the Democratic Republic of the Congo, Yemen, the Occupied Palestinian Territories (including the Gaza Strip), Myanmar, Ukraine, Haiti, and South Sudan. At the same time, 2025 brought new challenges for the entire humanitarian sector. One of the most significant developments was political decisions to reduce and temporarily suspend part of the funding for aid programs implemented by USAID (the United States Agency for International Development) – the world's largest humanitarian donor. The consequences

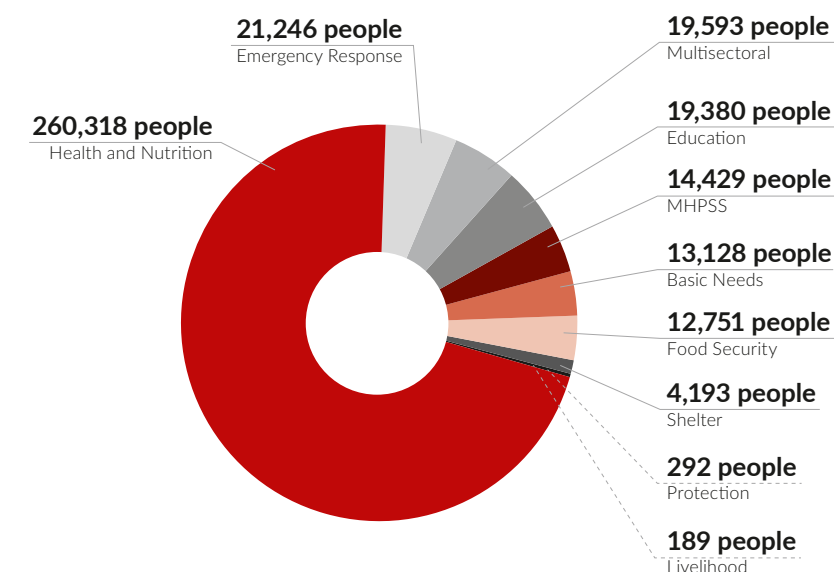
of these decisions were felt by aid organizations worldwide, particularly in the Global South, where many programs were scaled back, delayed, or halted. Combined with a growing funding gap, this increased pressure on humanitarian actors, forcing them to further prioritize activities and seek more efficient models of assistance.

Response to the Largest Humanitarian Crises

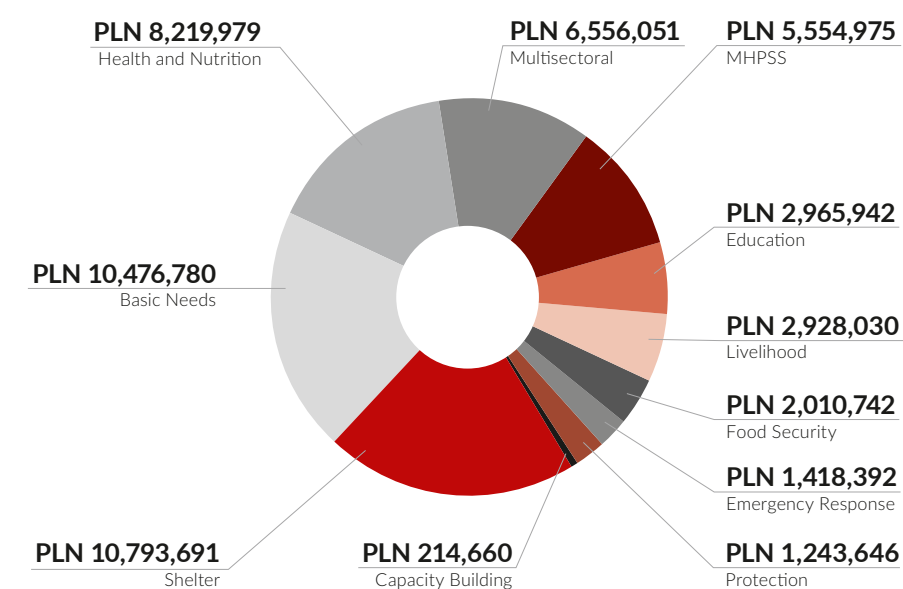
In this challenging environment, Caritas Poland continued its international work as part of the Caritas Internationalis network, partnering with national Caritas organizations operating directly in crisis-affected areas. This made it possible to effectively combine rapid humanitarian response with long-term development support, tailored to local needs and implemented in partnership with organizations that have direct access to the most vulnerable communities. In 2025, Caritas Poland operated in half of the world's ten largest humanitarian crises – in Afghanistan, Yemen, Syria, the Gaza Strip, and Ukraine – while also running aid and development programs in many other countries across Africa, Asia, Latin America, and Europe. At the same time, Caritas Poland continuously supported projects of Polish missionaries working in local communities on five continents, in 15 countries around the world.

Despite global financial turbulence, Caritas Poland increased its support for the most vulnerable in 2025. The total number of participants rose from nearly 240,000 in 2024 to nearly 370,000 people. There was also a clear shift toward long-term interventions and specialized projects, responding to the growing complexity of contemporary crises.

Number of people supported with programs abroad by sector



Value of aid provided by Caritas Poland abroad by sector



More Than Just Basic Aid

The Middle East remained the primary area of Caritas Poland's international work, where nearly 248,000 people received support – more than in the previous year. The region continues to be the focal point of the world's most severe humanitarian crises, including the escalation of the war in the Gaza Strip as well as protracted crises in Yemen, Syria, Lebanon, and the West Bank. It is there that the expansion of activities in the areas of health and nutrition, basic needs, and livelihoods – understood as supporting economic self-reliance, entrepreneurship, and the rebuilding sources of income – was particularly evident.

The scale of activities in Latin America also increased significantly, with the number of participants rising more than fourfold compared to 2024. The region has become an important direction for Caritas Poland's work, especially in the areas of food assistance, livelihood, and psychosocial support (MHPSS). Africa also saw a significant expansion of programs, primarily in the areas of nutrition, MHPSS – particularly in addressing post-war trauma – and WASH (water, sanitation, and hygiene).

Specialization and Effectiveness

In Europe, Caritas Poland's work became more specialized. Instead of the broad intervention programs implemented previously, more targeted support was developed – particularly in the areas of MHPSS and economic inclusion in Ukraine, where more than 13,000 people received assistance. This meant expanding immediate material aid to include long-term psychosocial support – for children and entire families who experienced the trauma of war and internal displacement – as well as efforts to rebuild a sense of economic independence.

The year 2025 confirmed that effective humanitarian aid does not always mean increasing the number of recipients, but above all improving the quality, relevance, and sustainability of impact. In an increasingly complex crisis environment, it is essential not only to respond to urgent needs, but also to build resilience and long-term development prospects. Caritas Poland's work in 2025 followed this direction, combining a global humanitarian response with consistent, long-term commitment to protecting the lives, dignity, and future of the most vulnerable communities.

- The main sectors of aid activities:**
- Basic Needs
 - Food Security
 - Health and Nutrition
 - Shelter
 - MHPSS
 - Livelihood
 - Multisectoral
 - Emergency Response
 - Education
 - Protection
 - Capacity Building

Latin America

PLN 1,915,327

35,205

Europe

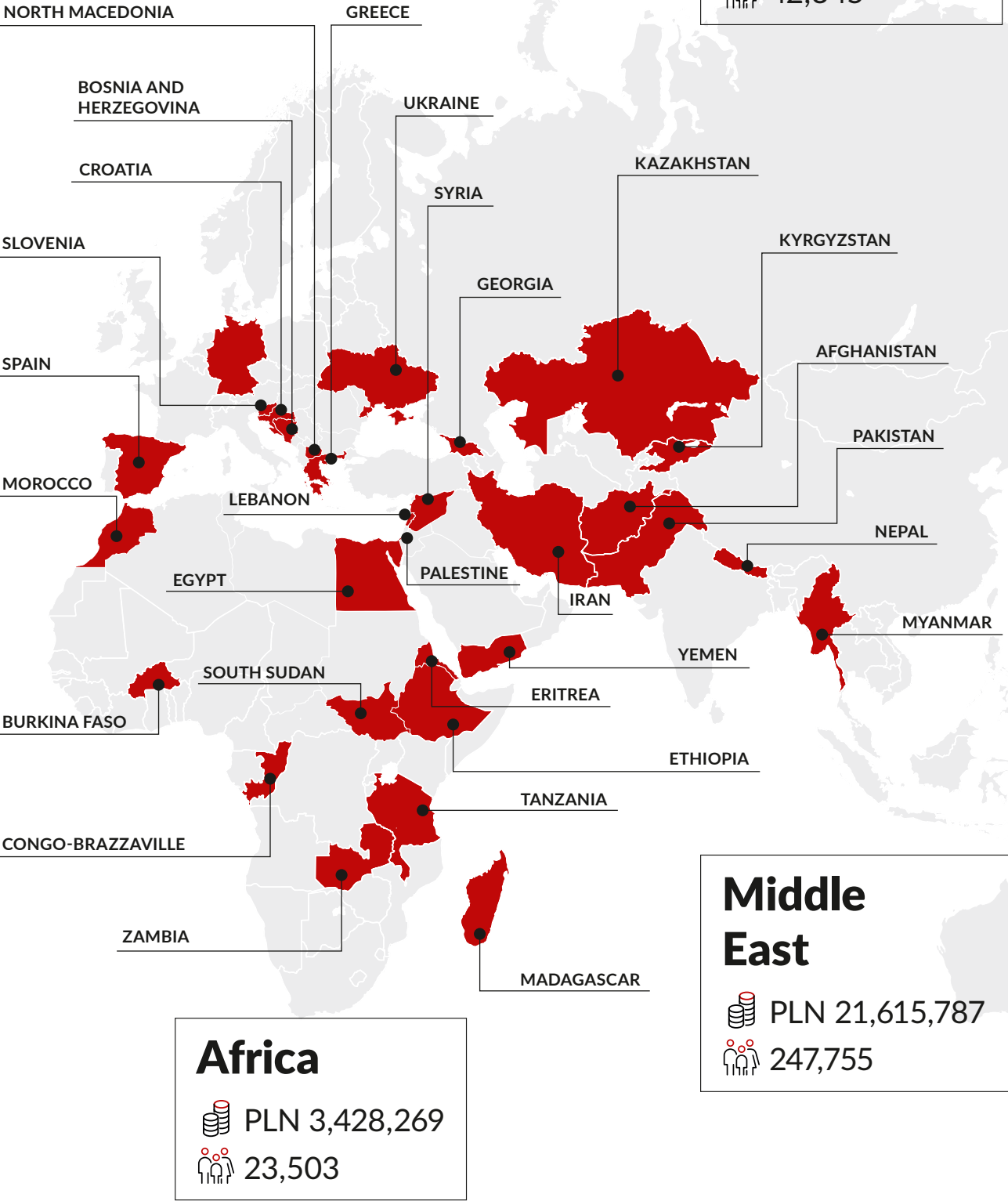
PLN 21,903,479

16,751

Asia

PLN 3,520,027

42,345



Programs Implemented Abroad in 2025

Africa

Country	Sector	Program/Project	Implementing partner	Number of people receiving support	Value of support
Burkina Faso	Education	Summer camp for children from the parish of St. Faustina in Sabtoana.	Parish of St. Faustina in Sabtoana	1,000	PLN 21,500
Burkina Faso	Health and Nutrition	A multi-sectoral assistance project for internally displaced people and particularly vulnerable residents of the parishes of Pabré and Bissighin in the Archdiocese of Ouagadougou.	Caritas Burkina Faso	1,365	PLN 593,379
Eritrea	Basic Needs	Strengthening the resilience of households and improving the well-being of the residents of Eritrea.	Catholic Agency for Overseas Development (CAFOD)	3,282	PLN 172,000
Eritrea	Multisectoral	A program to build resilience to drought and improve food security.	Catholic Agency for Overseas Development (CAFOD)	2,665	PLN 215,000
Ethiopia	Education	Purchase of a power generator for the Don Bosco Center in Shire, Tigray	The Salesian Congregation in Shire	3,895	PLN 107,500
Ethiopia	Education	Construction of a new boarding school building.	Ethiopian Catholic Church Eparchy in Adigrat	35	PLN 129,000
Ethiopia	Education	Purchase of furniture for two schools in the Diocese of Adigrat in the Tigray region.	Ethiopian Catholic Church – Social and Development Commission, Adigrat branch	1,324	PLN 141,900
Ethiopia	Education	Expansion and modernization project of the Lideta school.	Ethiopian Catholic Church Eparchy in Adigrat	238	PLN 322,500
Ethiopia	Education	Supplementary nutrition program in schools and renovation of dry school latrines in the Diocese of Adigrat in the Tigray region	Caritas Ethiopia	7,388	PLN 1,548,000
Congo-Brazzaville	Health and Nutrition	Renovation of a health center in Brazzaville.	The Resurrected Jesus and Divine Mercy Parish	178	PLN 34,400
Madagascar	Education	Furnishing of a boarding facility in Tandrano.	Missionary Congregation of the Holy Family in Ankazoabo	107	PLN 20,430
Madagascar	Education	Fencing of the school and boarding facility in Mananjary.	Diocese of Mananjara	969	PLN 43,000
South Sudan	Emergency Response	Crisis response and life-saving assistance for vulnerable populations – including people affected by floods, conflict, and returnees – through food aid, cholera mitigation, capacity and resilience building, as well as reconciliation and response to violence.	Caritas South Sudan	922	PLN 43,200
Tanzania	Education	Furnishing of the new St. Agnes Kindergarten in Mwandoya	Mwandoya Parish, Society of African Missions	85	PLN 32,861
Zambia	Food Security	Meals for children in Mansa.	Congregation of the Sisters of the Holy Family in Mansa.	50	PLN 3,600

Latin America

Country	Sector	Program/Project	Implementing partner	Number of people receiving support	Value of support
Argentina	Food Security	A cup of milk and the purchase of food for poor families in Córdoba.	Parish of the Sacred Heart of Jesus in Córdoba	1,196	PLN 28,800
Argentina	Multisectoral	Installation of electrical systems, painting, purchase and installation of ceramic tiles, and purchase of furniture, fans, and air conditioning for the Catechetical and Parish Center in Obera.	Parish of St. Pantaleon in Obera	202	PLN 61,200
Argentina	Health and Nutrition	Purchase of specialized beds for the Nursing Home in Martin Coronado	Congregation of the Albertine Sisters in Martin Coronado	10	PLN 68,400
Bolivia	MHPSS	Support for children from the Copernicus educational and care center in Santa Cruz de la Sierra	Congregation of the Sisters of St. Elizabeth in Santa Cruz de la Sierra	123	PLN 12,000
Bolivia	Health and Nutrition	Purchase of a generator for Centro Medico San Alberto in Ivirgarzama	Congregation of the Albertine Sisters Serving the Poor in Ivirgarzama	23,500	PLN 54,000
Bolivia	Education	Educational, pedagogical and psychological support for children in Oruro	Congregation of the Sisters of St Teresa of the Child Jesus in Oruro	246	PLN 80,000
Colombia	Shelter	Crisis support for people in Maicao and Riohacha affected by flooding caused by Tropical Storm Rafael	Caritas Colombia	1,121	PLN 215,000
Colombia	Food Security	The "Together in a bound of solidarity" program implemented in partnership with Jeronimo Martins Colombia. Its aim is to support Venezuelans in need who have emigrated to Colombia, as well as poor Colombians	Caritas Colombia	4,303	PLN 860,000
Cuba	Health and Nutrition	Heart for a Cuban – material and food support for people in crisis in Santiago de Cuba	Christ the King Parish in Santiago de Cuba	259	PLN 18,000
Cuba	Basic Needs	Support for people affected by Hurricane Melissa in Santiago de Cuba	Christ the King Parish in Santiago de Cuba	200	PLN 18,000
Cuba	Basic Needs	Support for those affected by Hurricane Melissa in Camaguey.	Congregation of the Sisters of Our Lady of Mercy in Camaguey	40	PLN 20,000
Cuba	Food Security	Emergency care and meals distributed for children at a community center in the Diocese of Santa Clara.	Roman Catholic Church in Cuba – Diocese of Santa Clara – Parish of Our Lady of the Angels in Vueltas	140	PLN 54,000
Cuba	Health and Nutrition	Development of the farm and equipment of a multifunctional hall.	Institute of the Daughters of Mary Help of Christians in Carretera Peñalver	327	PLN 55,685
Cuba	Multisectoral	Purchase and installation of a photovoltaic system in Camajuani	St. Joseph Parish, Camajuani Mission	258	PLN 107,500
Cuba	MHPSS	Project supporting the development of children, youth and their families. Funds obtained from the Christmas Aid Program for Children.	Caritas Cuba	3,170	PLN 215,000
Mexico	Food Security	Purchase of aid packages for children from poor families in the Parish of St. John the Baptist in Tenango del Aire.	Parish of St. John the Baptist in Tenango del Aire	125	PLN 47,742

Asia

Country	Sector	Program/Project	Implementing partner	Number of people receiving support	Value of support
Afghanistan	Health and Nutrition	Community-based rehabilitation – ortho-paedic workshop and physiotherapy center (CBR-OWPC)	Caritas Germany	10,403	PLN 860,000
Kazakhstan	MHPSS	Construction of a sports ground for children at a sociotherapeutic day-care center in Szortandy	Parish of the Immaculate Conception of the Blessed Virgin Mary in Szortandy	120	PLN 51,600
Kazakhstan	Protection	Upbringing and maintenance of orphans in the Parish Orphanage in Konayev	Parish of the Immaculate Conception of the Blessed Virgin Mary in Konayev	64	PLN 51,600
Kyrgyzstan	Education	Purchase of school bags and construction of a playground in Bishkek.	Parish of St Michael the Archangel in Bishkek	110	PLN 20,000
Kyrgyzstan	Education	Construction of an Educational Astronomical Observatory in Bishkek	Caritas Kirghistan	491	PLN 93,300
Myanmar	Emergency Response	Saving lives and alleviating the suffering of people affected by the earthquake in Sikong.	KMSS – Caritas Myanmar	20,000	PLN 687,192
Nepal	Multisectoral	Strengthening community health and building resilience in areas affected by the earthquake in Nepal	Caritas Nepal	2,843	PLN 1,541,335
Pakistan	Multisectoral	Support for Afghan refugees and the Jaranwala community in access to water, education and livelihoods.	Caritas Pakistan	8,301	PLN 215,000

Middle East

Country	Sector	Program/Project	Implementing partner	Number of people receiving support	Value of support
Egypt	Basic Needs	EA Egypt Refugee Crisis – material support for refugees from Sudan and Palestine	Caritas Egypt	280	PLN 100,000
Iran	Multisectoral	Rapid Response CIRI – cash and material support for Afghan refugees and the poorest Iranians	Caritas Iran	584	PLN 42,000
Yemen	Health and Nutrition, WASH	Support for 5 clinics in Aden in the field of primary healthcare and equipping a hospital in Hadramout with medical equipment	Caritas Poland – Mission in Yemen	218,520	PLN 3,787,566
Lebanon	Capacity Building	Support for institutional development under a 4-year plan	Caritas MONA	10	PLN 57,000
Lebanon	Basic Needs	In-kind assistance (blankets and jackets) for internally displaced people due to the conflict with Israel.	Caritas of the Field Ordinariate of the Polish Army	700	PLN 80,820
Lebanon	Capacity Building	Renovation of a training center for women in need.	Congregation of Jesus and Mary in Beirut	30	PLN 126,000
Lebanon	Basic Needs	Support for the residents of Lebanon under the Family to Family program.	Caritas Lebanon	646	PLN 2,286,013
Morocco	Multisectoral	Reconstruction of households destroyed by the earthquake and left without government support.	Caritas Morocco	185 families	PLN 441,000
Palestine	Multisectoral	Support for residents of the Gaza Strip in access to primary healthcare, food and shelter.	Caritas Jerusalem	382	PLN 221,472
Palestine	Health and Nutrition	Health and Humanitarian Intervention in Gaza.	Caritas Jerusalem	5,483	PLN 1,301,250
Palestine	Health and Nutrition	Integral Support of Persons with Disabilities the Remote Localities in the West Bank, Palestinian Authority (Module 3)	Caritas Jerusalem	269	PLN 1,426,300

Country	Sector	Program/Project	Implementing partner	Number of people receiving support	Value of support
Palestine	Multisectoral	Support for the residents of Palestine under the Family to Family program.	Caritas Jerusalem	906	PLN 2,400,000
Syria	Health and Nutrition	Additional financing for urgent medical aid.	Christian Hope Center	1	PLN 21,000
Syria	Basic Needs	Support for the residents of Damascus under the Family to Family program.	Christian Hope Center	297	PLN 40,643
Syria	Education	Support under the School to School program for 11 schools in Aleppo, Damascus and Latakia.	Christian Hope Center	3,228	PLN 150,150
Syria	Education	Children University 2025, a day-care center where children from Aleppo can develop their interests.	Christian Hope Center	254	PLN 252,302
Syria	Food Security	Food security and hygiene aid for civilians in Damascus and Hama.	Christian Hope Center	6,112	PLN 976,600
Syria	Livelihood	Microprojects 2025 – support for micro enterprises	Christian Hope Center	189	PLN 2,928,030
Syria	Basic Needs	Support for the residents of Syria under the Family to Family program.	Christian Hope Center	6,412	PLN 3,687,642
Syria	Multisectoral	Consortium implementing the Life project supporting people affected by the earthquake through financial assistance, training and business grants, PSS training, and psychological support	GOPA and Caritas Syria	3,452	PLN 1,290,000

Europe

Country	Sector	Program/Project	Implementing partner	Number of people receiving support	Value of support
Bosnia and Herzegovina	Emergency Response	Direct assistance and support in reconstruction for communities affected by the 2024 flood.	Caritas Bosnia and Herzegovina	140	PLN 258,000
Croatia	Shelter	Improvement of living conditions for people affected by the 2020 earthquake in Banovina	Caritas Croatia	78 households/families	PLN 4,517,759
Greece	Protection	Specialized and psychosocial support for refugees staying at the CCAC Lesvos center.	Caritas Hellas	108	PLN 1,106,046
Georgia	Protection	"Sunflowers" day care center for children from families at risk of social exclusion.	Caritas Georgia	120	PLN 86,000
Spain	Emergency Response	Support for people affected by floods in Valencia Province in 2024.	Caritas Spain	184	PLN 430,000
North Macedonia	Multisectoral	Assistance for poor people suffering from chronic illnesses.	Caritas Macedonia	40	PLN 21,544
Slovenia	Shelter	Humanitarian assistance for households affected by floods in 2023.	Caritas Slovenia	2,234	PLN 5,977,000
Ukraine	Food Security	Additional funding and purchase of equipment for a kitchen for the poor in Lviv.	Congregation of Albertine Sisters in Lviv	800	PLN 40,000
Ukraine	Basic Needs	Winter support for children in Ukraine.	Caritas-Spes Ukraine	-	PLN 71,662
Ukraine	MHPSS	Psychosocial support for children and youth in Ukraine.	Caritas-Spes Ukraine	3,457	PLN 1,000,000
Ukraine	MHPSS	Supporting people with disabilities and their families affected by the war.	Caritas Ukraine	755	PLN 1,448,207
Ukraine	MHPSS	Improving the quality of and access to psychological care for children and their families in Family Assistance Centers (Module 2).	Ministry of Foreign Affairs of the Republic of Poland	6,804	PLN 2,828,169
Ukraine	Basic Needs	Support for the residents of Ukraine under the Family to Family program.	Caritas-Spes Ukraine	1,271	PLN 4,000,000

SELECTED DIRECTIONS OF FOREIGN AID

Ethiopia Schools that Empower Children



PLN 2,248,900 is the value of aid provided by Caritas Poland to Ethiopia in 2025

nearly **13,000** people received support within the education sector

"Young people see no hope, and many of them would like to leave. This involves extremely dangerous migration routes. To counteract this, Caritas Poland has supported 34 schools in the Tigray region. This is where your donations go – to areas that neither the UN nor the EU can directly access. Caritas Poland, working with Caritas Ethiopia and the local Caritas Adigrat, reaches communities with the most urgent needs. Thanks to this support, Ethiopian young people can avoid dangerous migration, attend school, continue their education, and begin to heal from the trauma of war."

Moreover, with the support provided by Caritas Poland, children in schools receive one meal a day and have access to safe water points and new sanitation facilities.

"Thank you very much to Caritas Poland for providing aid and reaching crisis-affected places like Tigray, which are almost unknown because international media are denied access there."

"With God's grace, together with Caritas and all donors, we can change our world, restore hope, and give young people a future," adds the Eparch.

Caritas Poland has been involved for years in providing assistance to African countries affected by humanitarian crises. One of them is Ethiopia, particularly the Tigray region, where a brutal armed conflict led to the destruction of 88% of educational facilities. Here is how Abune Tesfasellassie Medhin, the Catholic Eparch of Adigrat, describes the situation in Tigray and the assistance being provided:

"My diocese of Adigrat covers an area about five times the size of Austria. Catholics here form a small but very committed group. We are involved in education, healthcare, social integration, and emergency assistance. In recent years, Ethiopia has experienced terrible violence. My diocese was completely engulfed in armed conflict – entirely cut

off, with no means of communication. More than a million people have perished, and many still struggle with the consequences of traumatic events. Infrastructure and 80 service institutions have been destroyed. One-third of my diocese is still under occupation. In the remaining areas, we are trying to rebuild life. I would like to express my heartfelt gratitude to the people of Poland for their support. They reached out to us to help address the devastation left behind by the war."

Caritas places particular emphasis on supporting Ethiopian children and young people. Many young people consider migrating, which often involves the risk of human trafficking. Education and schools, which provide a sense of security, are key to preventing this:

Abune Tesfasellassie Medhin is the Bishop and Ordinary of the Catholic Eparchy of Adigrat, located in Ethiopia's Tigray region. During his episcopal ministry, the eparchy endured unimaginable suffering caused by the two-year war. Bishop Tesfasellassie has repeatedly described the conflict as "genocide" and reported brutal war crimes, including massacres, sexual violence, and widespread destruction. Throughout the war, he remained within his eparchy. After the hostilities ended, the Catholic Church in Tigray, under his leadership, played a key role in healing the wounds of war and rebuilding local communities.

SELECTED DIRECTIONS OF FOREIGN AID

Middle East. Fostering Self-Reliance



PLN 21,615,786 is the value of support provided to people in the Middle East in 2025

approx. **250,000** people benefited from support provided by Caritas Poland

Emergency assistance in countries affected by armed conflict is only one aspect of the work of Caritas Poland. Equally important is building local capacity and fostering economic self-reliance on the ground. In 2025, drawing on experience from previous years (including a microenterprise component implemented in Syria), Caritas Poland launched a family business support program in Palestine. Its pilot phase included Loay from the West Bank, among others.

His story shows that even in conditions of extreme crisis, it is possible to rebuild independence and hope. After losing his life's work – a large sewing workshop that had provided livelihoods for many families – Loay did not give up. Under the Caritas Poland program, he received funds to purchase basic equipment and restart his business. What proved crucial was not only the financial support, but also creating conditions for work and development: the ability

to invest, make decisions, and take responsibility for his own future.

In a short time, a small initiative grew into a developing enterprise. Loay gradually expanded his operations, employing more people, including women who, thanks to flexible working arrangements, were able to balance work with childcare. In this way, support for one person began to translate into security and income for many families. Microenterprises thus become not only a source of livelihood, but also a space for building relationships, responsibility, and local community.

SELECTED DIRECTIONS OF FOREIGN AID

Ukraine. Psychosocial Aid



PLN 9 206 485 is the value of aid provided by Caritas Poland to Ukraine in 2025

over **13,000** residents of Ukraine benefited from support provided by Caritas Poland

When seven-year-old Tavita started first grade, her mother, Lidia, noticed that something was changing. The girl, previously cheerful and calm, became anxious, often cried, and reacted strongly to minor remarks. *"I didn't know what had gotten into her. She was so sensitive, and every word I said ended in tears or anger,"* Lidia recalls.

Concerned, she sought support. During individual sessions with a psychologist, Lidia learned to understand her child's emotions

and respond in a way that helps rather than intensifies tension. The psychologist suggested simple ways to build daily connection: evening conversations about experiences, keeping a shared "emotion diary," games focused on recognizing feelings, breathing exercises, and fairy tale therapy.

"I realized it wasn't rebellion or disobedience, but the way Tavita was coping with a new situation at school. I started saying to her: 'I see that you're

angry,' 'You have the right to feel sad.' And it worked," says Lidia. Over time, Tavita began to name her emotions herself. *"Mom, I'm angry, but I'm already breathing to calm down,"* she said one day.

Lidia and Tavita received support at a social inclusion center in Boryslav as part of the "Support for people with disabilities and their families affected by the consequences of the war in Ukraine" project implemented with Caritas Ukraine. The project aimed to strengthen psychological resilience and improve the psychosocial well-being of people affected by the war – particularly children, youth, and adults with disabilities and their families in Kyiv, Khmelnytskyi, and Boryslav.



Donors Who Supported the Work of Caritas Poland in 2025

Acknowledgement

Caritas Poland, as a public benefit organization, delivers aid every day both in Poland and around the world. It coordinates nationwide programs and supports diocesan Caritas branches in their daily work. It implements regular aid programs and campaigns and responds to crises, always acting in compliance with internal policies and procedures that ensure the highest standards.

However, the organization's daily commitment to those in need would not be possible without the support of people of goodwill. We sincerely thank individual donors for responding to appeals and generously supporting fundraising efforts – especially those dedicated to hospices run by Caritas across Poland and to people living in countries affected by wars and

crises. We extend a thank you to entrepreneurs and business owners who understand the important role of socially responsible business and good cooperation today. This makes it possible, among other things, to manage resources effectively and prevent food waste, which translates into tangible support for those in need. We would also like to thank institutional donors who have recognized Caritas as a partner with the potential, tools, and broad public trust to carry out the most difficult aid work at home and abroad.

The data presented in this report, particularly the scale of support for charitable work, reflect the strength of joint efforts and the remarkable commitment of donors, who are the foundation of all charitable activity.

Key Business Donors

- Biedronka Foundation
- Lidl Sp. z o.o. Sp. k.
- Douglas
- Jeronimo Martins Drogerie i Farmacja Sp. z o.o. (Hebe)
- Transgourmet Sp. z o.o. (Selgros)
- Animex Foods Sp. z o.o.
- Fundacja „Hasco-Lek”
- Fundacja JohnnyBros
- Clematis – Źródło Dobrych Pnaczy Sp. z o.o.
- Schroder Investment Management (Europe) S.A.
- Multisales Sp. z o.o.
- Agrosec Polska Sp. z o.o.
- Generali

Institutional Donors and Public Projects

PLN 17,895,288
is the value
of publicly funded projects

Source of Funding	Amount Donated in 2025	Project Name
Ministry of Finance	PLN 9,199,968	European Funds for Food Aid (FEPŻ) Subprogram 2024
Ministry of Foreign Affairs	PLN 2,828,169	Improving the quality of and access to psychological care for children and their families in Family Assistance Centers in Kharkiv, Odesa, Zhytomyr and Vinnytsia in Ukraine (Module 2)
Ministry of Foreign Affairs	PLN 1,426,300	Integral Support of Persons with Disabilities in the Remote Localities in the West Bank, Palestinian Authority (Module 3)
Ministry of Foreign Affairs	PLN 1,301,250	Health and Humanitarian Intervention in Gaza
Ministry of Foreign Affairs	PLN 1,044,500	Support for the civilian population in food security and hygiene in Damascus and Hama
National Center for Agricultural Support	PLN 1,022,219	European Funds for Food Aid (FEPŻ) Subprogram 2024
European Projects Service Center of the Ministry of the Interior and Administration	PLN 429,895	Security and Integration of Foreign Nationals as a Path to Self-Reliance
Mazovia Province Office in Warsaw	PLN 393,600	Civil Protection and Defense Program
National Fund for Environmental Protection and Water Management	PLN 160,393	Caritas Laudato si': Pro-active education of Caritas communities to counter overconsumption in pursuit of a circular economy
Polish Center for International Aid Foundation	PLN 59,994	Polish Organizations Pooled (POP) Fund
National Freedom Institute – Center for Civil Society Development	PLN 29,000	Overcoming barriers to the development of long-term Caritas volunteering in Poland

Foreign Institutional Donors

PLN 8,203,182
is the value of projects financed by
foreign institutional donors

Source of Funding	Amount Donated in 2025	Project Name
United Nations High Commissioner for Refugees UNHCR	PLN 4,585,045	Social initiative for integration support in Poland for refugees affected by conflict
Catholic Relief Services USCCB	PLN 1,518,145	EA Yemen 2025
Catholic Relief Services	PLN 525,711	Caritas institutional support
Caritas Australia	PLN 411,245	EA Yemen 2025
Catholic Relief Services	PLN 389,862	Enhance Caritas' preparedness and crisis response
Deutscher Caritas Verband	PLN 344,000	Comprehensive support for evacuated Ukrainian children and their caregivers
Catholic Relief Services	PLN 144,003	Ukraine Refugee Response Learning Platform
Caritas Espanola	PLN 107,500	Ukraine Refugee Response Learning Platform
Caritas Italiana	PLN 78,391	EA Yemen 2024
Trossamfundet Romersk-Katolska Kyrkan med firma Romersk-Katolska	PLN 42,732	EA Yemen 2024
Catholic Bishops' Conference of Japan	PLN 36,000	EA Yemen 2025
Caritas Czech Republic	PLN 20,548	Age of Solidarity – the voice of the youth for social justice



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